



## Fall/Winter 2018

### In this Issue:

Message from the President

\*

Foca Fact Sheet Algae

\*

Foca Fact Sheet Septic Systems

\*

Why Winter Long Weekends are  
Secretly the Best

\*

How Do We Keep a Lake Skating  
Rink Smooth?

\*

6 Reasons Why Every Canadian  
Should Try Curling

\*

10 things We're Looking Forward  
to this Winter

\*



# Cordova Lake Cottage Association



It is such a joy to write this message to you on a gloriously sunny autumn day. It is days such as this that make one never want to live anywhere else. I have noted that many of our members must feel the same as they are moving to Cordova Lake full-time both as they continue to be employed and in their retirement. Quite a few other members have built their dream houses with retirement in mind in the near future.

Our association sent out a survey to you in July 2018. We were amazed to have so many people respond and we thank you for taking the time to let us know what is important to you, what's going well and where things might be improved.

We learned that communication and relationships amongst all stakeholders at the lake level, municipal level and provincial levels is important to our members. To that end, we are active members of the Havelock Belmont Methuen Lakes Association and of the Federation of Ontario Cottager's Association. In the last six months, both groups have worked diligently to provide you with information to enable you to vote municipally in a way that will make a difference for all waterfront property owners. Three all-candidates meetings were sponsored locally and many of you attended to listen to those wishing to be elected to office and to ask questions of them. In the past, we on the lakes, have often felt that we have 'drawn the short end of the stick' when it comes to what we receive for our tax dollars. It is to be hoped that the newly elected HBM Council now sees us as a vital part of their mandate, in addition to the Village of Havelock.

On the Civic Holiday weekend, Clare Matthews and Nancy Grozelle organized another wonderful regatta. They lead an army of volunteers who devoted much time and effort to ensure that we all enjoyed a fantastic day. My sincere appreciation to everyone who stepped forward to donate their time and to all of the cottagers and their guests who attended in droves. Special thanks are owed to Melissa Burns and Rich Smit who allowed us to use their beach for the day!

We continue to focus on regularly testing the lake water for E.coli so that we may all be confident that the lake is safe for swimming.

A site plan for the south end boat launch and adjacent parking areas is nearing completion. It is our hope that by next Spring we will have permission from MNR to proceed with the improvements we wish to make to the area. We will be calling on the membership to help us with its implementation.

I know that some have already closed their cottages whilst to others the idea is anathema! Wherever you spend the fall and winter may I wish you well until we meet again in the spring.

Melanie





You can  
do anything.



# HAVELOCK TIMBER MART

## Summer Hours:

Mon-Fri: 7am - 5pm  
Sat: 8am - 5pm  
Sun: 9am - 1pm

## We Carry a Complete Line of Building Materials:

- ~Decks
- ~Kitchen Cabinets
- ~Windows
- ~Doors
- ~Lumber
- ~Insulation

From Start to Finish,  
We are your **ONE STOP**  
Shopping Experience!



A USG COMPANY

**JELD-WEN**  
WINDOWS & DOORS



**PPG**  
PITTSBURGH  
PAINTS

**METRIE**  
THE ART OF FORM

American Standard  
Style That Works Better

GUARDIAN  
BUILDING PRODUCTS

Thompson's  
WaterSeal

**OLYMPIC**

CanWellBroadLeaf  
Products You Want People To Talk About

**FENDOCK**  
SINCE 1955  
Aluminum Docks and Boat Lifts

Looking to Build a New Dock  
at your Cottage?

**TECHSTAR**  
PLASTICS INC.

Come and See Us Today for  
Design Ideas and the Best  
Products for your Dock!



We offer **ON SITE**  
Consultations for  
your next Project!

Contact **Phil Higgins**

**Phil Higgins**  
@timbrmart.ca  
(705)653-9586

Ph: (705)778-3391 Fax: (705)778-3233  
Timbermart.ca/Havelock



Just North of the Lights in Havelock!  
137 County Rd 46, Havelock ON K0L 1Z0  
Order by Email, Phone or Fax!

find us on

# LOOK. LISTEN. LEARN.

**BE AWARE!** Fire can happen *anywhere*.

**Heating equipment is a leading cause of home fires!**



- Ensure all chimneys are **cleaned and inspected** every year.
- Ensure your heating system is inspected annually by a **qualified service technician**.
- **Install a CO alarm** to alert you to the presence of deadly carbon monoxide gas.
- Keep space heaters at least **one metre** (3 feet) away from anything that can burn, including curtains, upholstery, clothing and people.
- Allow the ashes from your woodstove or fireplace to cool before emptying them into a metal container with a tight-fitting lid. Keep the container **outside**.



For more information contact  
your **local fire department**.

## FIRE PREVENTION WEEK

October 7-13, 2018

Ray Haines Fire Chief

Township of Havelock-Belmont-Methuen

1 Ottawa St. East, PO Box 10, Havelock, Ontario K0L 1Z0

T: 705-778-3183 Email: rhaines@hbmtp.ca



# KAWARTHA STONE WORKS

LANDSCAPING, EXCAVATING & TRUCKING



**Armour stone retaining walls**

**Natural stone walkways & patios**

**Stone steps and garden edging**

**Excavator, Mini Excavator, Skid Steer, Grader, Backhoe**

**Shoreline reconstruction • Licensed septic systems**



**Jason and Jennifer Derry 705-778-9820**

**kstoneworks@sympatico.ca**

**www.kawarthastoneworks.com**

## ALGAE

Through the Docktalk program, FOCA encourages waterfront landowners to help control the growth of algae in lakes.

### How do algae survive?

Algae make their food in the form of starches or oils by using the energy of sunlight and nutrients from the water. They grow in many forms. Some species are microscopic simple cells; others can grow as mass aggregates of cells or in strands. They can even resemble higher plants.

### Are algae good for the Lake?

Algae are critical to the life of our lakes. They are the base of the food chain, convert nutrients to organic matter, and oxygenate the water. Fish production in lakes varies directly with the amount of algae the lake produces. If there were no algae there would be no fish. Virtually all aquatic animals are dependent (directly or indirectly) on algae.

### Factors that Affect Algal Growth

There are a number of environmental factors that influence algal growth. The major factors that determine the type and amount of algae in your lake are:

- the amount of light that penetrates the water
- the concentration of nutrients in the water
- water temperature
- the physical removal of algae by sinking or flushing through an outflow
- grazing on the algae by microscopic animals and fish
- parasitism by bacteria and fungi
- competition from aquatic plants for nutrients and
- sunlight

### Algal Blooms

Nutrient sources such as detergents, septic tank seepages, and fertilizer runoff from lawns and gardens feed the algae in a lake and can result in increased algal growth or a bloom. Blooms of algae can affect the appearance of a lake, result in unpleasant tastes or odours, reduce clarity, and colour the lake a vivid green, brown, or yellow. Filamentous and colonial algae can mass together and form scum or mats on the lake surface that can drift and clog water intakes, cause unsightly shorelines, foul beaches, ruin recreation, and provide habitat for bacteria. Peeling paint and staining on boats and docks are partially the result of algae growth. Some

species actually produce acids that may chemically corrode submersed metal pipes and concrete. Death and sickness to animals have been attributed to certain algae, mostly blue-green bloom-forming species.

## Reduction in Oxygen Levels

Algae produce oxygen as a by-product of photosynthesis, but also take in oxygen for respiration. A lake that has a large population of algae can experience a great fluctuation in dissolved oxygen concentration during a 24-hour period. Extreme oxygen fluctuations stress fish and other wildlife in the lake. When algae die, the decay consumes oxygen in the water. When dissolved oxygen reaches

a critically low concentration, phosphorus is released from lake sediments and becomes available for algal growth—thus the cycle feeds itself and speeds up the degradation of the lake, or eutrophication.

## Types of Algae

Several thousand species of algae live in Ontario's waters. Algae are extremely diverse in form, colour, habit, and habitat. They can live in water or on land. There are four general groups. The descriptions below relate to algae found in fresh water in Ontario:

Green Algae can be filamentous or free-floating. Filamentous greens (or attached algae) range from several millimeters to a metre in length. In many cases they develop into large colonies of floating or attached mats. They can cause odours in water and clog filters. Examples: Spirogyra, Mougeotia, and Cladophora. Free-floating green algae are important in the aquatic food chain and help to maintain oxygen levels. Examples: Chlorella, Pediastrum, and the desmids.

Diatoms are food for many aquatic microscopic animals. Diatoms have silicon cell walls that do not decompose. This is the group of algae most likely to clog filters. Some diatoms produce tastes and odours in the water. Examples: Asterionella, Fragilaria, and Cyclotella.

Flagellated Algae possess one or more flagella, whip-like 'tails' that act as propellers. These algae can sometimes produce strong tastes and odours in water supplies. For example, Synura can impart a cucumber odour to water even when present in low numbers. Examples: Dinobryon, Euglena, and Synura.

Blue-Green Algae, commonly known as pond scum, range in colour from olive-green to red. Some forms are gelatinous floating masses of various shapes. Sometimes, when a bloom of blue-green algae decomposes pigments are



released, giving the water a bluish or pinkish colour. They have a pleasant grassy odour while healthy, but this may change to an unpleasant odour as they decompose.

### How Can I Protect My Lake?

**Try to maintain a natural shoreline to increase nutrient uptake by plants and reduce erosion and nutrients leaching into the lake.**

- Use low-phosphorus detergents and soaps.
- Avoid fertilizers.
- Keep shampoos and soaps out of the lake.
- Know how to maintain your septic system to keep it functioning properly. Have your septic system inspected and pumped every 3 to 5 years by a licensed contractor.
- Be familiar with your lake's healthy conditions and be able to recognize troublesome symptoms.
- Be a lake steward and join the Lake Partner program, contact FOCA for more information.

**Federation of Ontario Cottagers' Associations     201-159 King Street  
Peterborough, ON K9J 2R8 Phone: (705) 749-3622 Fax: (705) 749-6522**

**Email: [info@foca.on.ca](mailto:info@foca.on.ca)  
[www.foca.on.ca](http://www.foca.on.ca)**

# BMR

**Building Material & Renovation Centre**

**bmr.co**

- Kitchen & Bath Centre ■ Flooring ■ Inspiration Boutique
- Lighting & Electrical ■ Windows & Doors ■ Plumbing & Heating
- Building Materials and Hardware ■ Seasonal Items & Landscaping Products
- Loyalty Points ■ Rental Centre ■ Gift Cards

**613-472-2628 or 888-458-6237**

**90 Matthew St. Hwy #7E Marmora, ON**

# We are the Champions!



Cordova Lake Golf Tournament winners!  
Hank Vandermeer, Bruce Gubb, Michael  
and Stan Trevisan



Cordova Lake Horseshoe Champs!  
Glenn Schroeder and Brandon Zapfe



**705-778-3461**

**[www.pupstreeservice.com](http://www.pupstreeservice.com)**



Specializing in danger trees  
around cottages and lakes.  
Total tree removal including brush  
chipping, trimming, lifting & stump removal.  
Fully insured, Free quotes.  
Bobcat on wheels or track with grapples for Lot Clearing



**CLEAR LINE OF SITE**  
SATELLITE  
TV TOWERS  
ANTENNA  
PRE-WIRING  
SALES, INSTALLATION & SERVICE  
GUARANTEED WORKMANSHIP

**DUANE MAVER**  
**705-741-6535**

[clearlineofsite@live.ca](mailto:clearlineofsite@live.ca)



# Life is Good on Cordova Lake!



Cordova Fun!  
Photos courtesy  
of Angela Lewis



Gage is enjoying his long  
weekend with Grandma  
and Pappas!



After the Storm!  
Photo courtesy of Doris and  
Murray Axford



# KAWARTHA HEATING SOLUTIONS

TSSA REGISTERED, WSIB, WETT CERTIFIED, INSURED, NATURAL OR PROPANE GAS, OIL & WOOD

## LOCATED IN NORWOOD/HAVELOCK

WETT CERTIFIED, NATURAL GAS, PROPANE, OIL  
TECHNICIAN(S)

SERVICE AVAILABLE  
**7 DAYS** A WEEK.

WE UNDERSTAND  
COTTAGERS NEEDS  
FOR WEEKEND  
SERVICE AND  
APPOINTMENTS

IF YOU'RE LOOKING FOR ANNUAL  
MAINTENANCE ON YOUR EXISTING  
SYSTEM OR THINKING OF A NEW  
SYSTEM ALL TOGETHER GIVE "KHS" A  
CALL. WE CAN ASSIST YOU WITH  
REPAIRS, INSTALLATIONS, OR  
UPGRADES.

WE CAN ALSO SUGGEST PRODUCTS  
THAT SUIT YOUR NEEDS WITH MANY  
PRODUCT BRANDS TO CHOOSE FROM

WETT INSPECTIONS COMPLETED  
FOR REAL ESTATE AGENTS,  
INSURANCE OR PIECE OF MIND.  
ONLY LEVEL 2 OR 3 REG PRICE  
175.00 + HST

WETT INSPECTION  
100.00 + HST  
OR  
SERVICE OF NATURAL /  
PROPANE GAS  
75.00 + HST  
CUT-OUT COUPON



1926 SIMPSON ROAD NORWOOD ONT

CALL ( 705 ) 559-1602





**CLC**  
CORDOVA LAKE CONSTRUCTION  
NEW CONSTRUCTION - RENOVATIONS

613.318.8822

CALL OR TEXT

TROY WAGENAAR

OWNER OPERATOR

BUILD\_CLC@OUTLOOK.COM



**HOMES-COTTAGES-GARAGES**  
**CERTIFIED NUDURA INSULATED CONCRETE**  
**FORM (ICF FOUNDATIONS) INSTALLER**  
**BOAT ACCESS WORK AVAILABLE**  
**CUSTOM BUTCHER BLOCK COUNTERTOPS**  
**CUSTOM DOORS**



## Havelock & District Snowmobile Club

*"Making Trails & Friends Since 1969"*

**We love Cordova Lake!**

**The trail is right here!**

**Thank you to our landowners in the area!**

### **HDSC is celebrating 50 years!**

We have a raffle and future events planned, get your Golden Ticket for \$25.00 each. 1st prize is \$5,000, 2nd prize is \$2,000, 3rd prize is \$1,000 and 4th prize is \$500, draw date will be Saturday, February 2, 2019 at the Havelock Legion.

Check our Facebook page for ticket sale locations and upcoming events!

We'd love you to get involved in our club!

Email [info@hdsc.ca](mailto:info@hdsc.ca)

Please respect our trails, ride with a permit and with a buddy!

Buy your permits at [www.ofsc.on.ca](http://www.ofsc.on.ca)



## SEPTIC SYSTEMS

Through the Docktalk program, FOCA encourages landowners to look after their septic systems.

WHY? Problems can arise with septic systems that have serious impacts,

### **including: Overload/leaking of sewage**

A septic system is designed to treat a set volume of waste water. Every time water goes down the drain into your septic tank, the same amount of liquid leaves the tank and enters the leaching bed. If too much waste water enters the tank, from extra guests, heavy water use - too much waste is forced out, too soon.

Untreated waste water escapes, including solids that can clog up pipes and/or enter the leaching bed, as well.

### **Wiped out waste digesters**

Sewage is broken down by millions of bacteria and enzymes in your septic tank and soil within the leaching bed. That bacteria is harmed or killed by (1) cleaning products that are antibacterial, non-biodegradable, chlorine-based and/or full of toxic materials; and (2) hazardous products like varnish, paint, pesticides, and gasoline.

Water quality affected, algal blooms erupt, and nuisance plants choke the lake

Septic systems were designed with public health in mind. They are designed to remove contaminants such as organic solids, bacteria, and viruses, but not to prevent the release of nutrients. Nitrogen and phosphorus released from septic systems can negatively impact water quality and cause algal blooms and increased growth of aquatic plants. Excess nitrogen can also pollute drinking water, endangering people.

### **Build up of solids**

There's a lot that can't be digested by your septic system. Fats, grease, and oils don't break down, and can form a scum layer at the top of your septic tank. Paper products, coffee grounds, hair, tampons, and other common sewage items inhibit the work of bacteria and quickly fill tanks. Combined, they can clog the system significantly hampering your



septic's effectiveness.

### **Poisoning yourself**

Hazardous products (paint, varnish, pesticides, gasoline, antifreeze) dumped down your drain, come out of the septic system just like they went in, but now they're in the ground and water with the potential to poison wells and lakes.

### **Contaminated drinking water and swimming areas**

If your sewage is leaking, not getting cleaned, or building up, the end result could be contaminated water entering wells, ground water, lakes, streams, etc. Your health and the environment's health are at risk.

*A septic system treats your waste water and sewage. Your household drains connect to a septic tank and a leaching bed. Both are buried beside your cottage. The leaching bed is made up of pipes (with holes) buried in gravel, surrounded by natural or imported soil.*

## **SEPTIC SYSTEMS**

### **HOW?**

FOCA encourages landowners to learn the following septic slogans that will keep you on the right track to a healthy lake:

### **What goes in must come out**

To allow waste water the time it needs to be treated in the tank, conserve water. Ensure the size of your system can handle the quantity of waste water you create. Many older septic systems may be grossly undersized.

### **Don't poison your poop processor**

The importance of using biodegradable, non-toxic shampoos, detergents, soaps, and cleaners can't be stressed enough. Many products in your cottage are loaded weapons. Make septic-friendly products the popular choice!

### Nutrients not needed

Keep the input of phosphorus to a minimum. Use low-phosphate or phosphate-free cleaners.

Have an inspector visit every 3 to 5 years

Regular maintenance is one of the most important steps. Get an inspection and your tank pumped every three to five years. Replacing or repairing a septic system (and its impacts) is expensive; maintenance keeps thousands of dollars in your pocket and emergencies at bay.

### It's not a garbage can

Don't put garbage (i.e. non-biodegradable items) down your drain. That includes grease, fats, oil, and paper products.

### Location, location, location

Soils play a big role in how water travels from the leaching bed, what contaminants get absorbed/broken down, and how far they travel. Your septic system must be designed for the type of soil around your cottage. Make sure your system meets the rules (Ontario Building Code) that control how far a septic tank and leaching bed can be built away from buildings, wells, and waterbodies.

### Plants not trees

Plant with caution in the nutrient-rich area above the leaching bed. Do not plant trees or shrubs within three metres of the tank or bed. Roots will seek out and crack your pipes. Shallow-rooted ground covers are ideal.



# Becca's Pet Emporium

## QUALITY PET FOOD

Check out our  
People Products!

## & SUPPLIES

European Food Imports, Holistic and  
Unique Foods & Products for People!



12 Quebec Street  
Havelock, Ontario  
705-201-1439

# www.BeccasPet.com





## **ARCHITECTURAL DESIGN - ENGINEERING - CONSTRUCTION**

**Architectural Design** -Architectural Drafting, House & Cottage Plans, Garages, Boat Houses, Agricultural & Commercial Buildings

-Site plans

-Permit submission service

**Engineering** -Licensed Professional Engineer

-Structural design specializing in houses & small buildings

-Review of existing structures

**Construction** -Design/Build project management, concept to completion

**EMAIL or CALL for a FREE CONSULTATION**

# **705-750-8961**

[trevorday@nexicom.net](mailto:trevorday@nexicom.net)

[www.trevordayandassociates.com](http://www.trevordayandassociates.com)

# **LOOK. LISTEN. LEARN.**

**BE AWARE!** Fire can happen *anywhere*.



- **LOOK** for potential fire hazards around your home. Take action to prevent fire from starting.



- **LISTEN** for the smoke alarms in an emergency. Everyone must know the sound and be able to hear them in an emergency. Early detection gives you the extra seconds needed to get out safely.



- **LEARN** two ways out of every room. Practice an escape plan with everyone in your home before a fire starts so you and your family can get out quickly.



For more information contact  
your **local fire department**.

## **FIRE PREVENTION WEEK**

**October 7-13, 2018**

Ray Haines Fire Chief  
Township of Havelock-Belmont-Methuen  
1 Ottawa St. East, PO Box 10, Havelock, Ontario K0L 1Z0  
T: 705-778-3183 Email: [rhaines@hbmtwp.ca](mailto:rhaines@hbmtwp.ca)

# Why winter long weekends are secretly the best

By Sara Laux



Summer long weekends get all the love—there's sun, there's heat, and there are three glorious days to revel in summer's perfection. But when you factor in traffic, bugs, the possibility of rain, heat waves, sunburns, hangovers and the overall pressure of having *the best time ever*, even the most die-hard sun worshipers have to admit that winter long weekends starts to look pretty appealing. Here's why.

## Less pressure to do all the things

Swimming! Boating! Water-skiing! Camping! Hanging out with friends! Yoga by the lake! Outdoor movies! Barbecuing! The list of stuff you feel you *have* to do on a summer weekend can get a little overwhelming—after all, summer is short, and if you don't cram every single activity into every available moment, you'll regret it in February. On a winter long weekend, though, you can stay inside and wear your pyjamas for three days and not feel guilty. After all, it's winter. That's what you're supposed to do.

## No traffic

If you do decide to get out of the city for a winter long weekend—and that's an awesome idea, by the way—you're pretty much guaranteed that you won't hit a horrendous traffic jam on Friday evening. Now, you might hit snow, but unless things are *really* bad, you probably won't be stuck crawling along the highway for hours and hours. And if the snow really is terrible? Remember, on winter weekends it's OK to stay home and do nothing.

## There are fun things to do outside



If you're not indulging in guilt-free cocooning, there are lots of fun, winter-specific things to do outdoors. Find a skating trail (Arrowhead Provincial Park in Ontario has one), go dog-sledding, try ice-fishing, go hiking, try snowshoeing, go tobogganing, build a snow fort—the list is endless. Remember, there's no such thing as bad weather—just inappropriate clothing choices. Bundle up and get outside and enjoy the feeling of beating winter at its own game.

### **Less pressure to visit family and friends**

Winter weekends have the perfect built-in excuse for not participating in dreary “duty calls”—so sorry, the weather's acting up. (If it's really obvious that the weather isn't a problem, you can always have a cold instead.) But really, winter long weekends don't have the same pressure to visit that other holidays do, leaving you to set your own agenda happily without guilt or obligation.

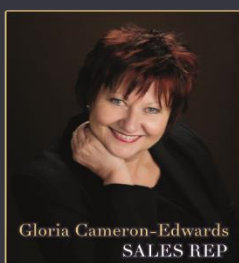
### **Not as many chores**

There's no lawn to mow, deck to stain, leaves to rake, garden to weed—summer's chores are a distant memory on winter long weekends. If you really want to relax, spend one day doing the indoor chores that will bug you if they're left undone, then spend two days blissfully free of “shoulds.”

### **All the cosiness**

No matter what you decide to do or not do, there's no better feeling than being cosy. Cuddle up on the couch with a soft, fleecy blanket, build a fire, sip on some decadent hot chocolate or mulled wine, light some candles, and remember that the whole point of a long weekend is to relax and recharge. Invite your friends over to enjoy the warmth as well, and make the cosiness an emotional as well as a physical feeling.

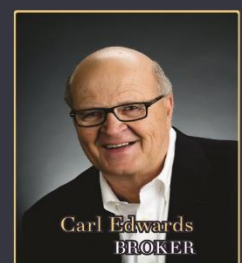
### **What are you doing this winter long weekend?**



**BALL**  
Real Estate Inc., Brokerage

carlandgloria@sympatico.ca

**(705)651-2255**



**36 Queen St. Lakefield    [www.GloriaAndCarl.ca](http://www.GloriaAndCarl.ca)**



THE COTTAGE

## GIFTS • CLOTHING • WATER TOYS

*We have received our Fall & Winter Clothing Lines come into see what we have to get you through the fall and winter!*

The Cottage carries Fox, Billabong, SAXX, Ten Tree, Life Is Good, Oakley, Roxy & Quiksilver and Troy Lee Designs for the dirt bikers out there.

You can also find Speedo – Water shoes, Snorkels and Goggles, along with a full range of Watertoys – Pelican Kayaks, SUP's, Tubes, Trampolines, and so much more!

We also have a great Gift Shop with some lovely unique home décor items. If you haven't had a chance to come in for a visit, we look forward to seeing you!



Join our Facebook page to see new products and upcoming events at:  
[facebook.com/thecottagehavelock](https://facebook.com/thecottagehavelock)

OAKLEY

QUIKSILVER

ROXY

PELICAN

BILLABONG

SPEEDO

SAXX UNDERWEAR

FOX

TENTREE

THE COTTAGE

**100 Ottawa St. Havelock**  
**705-778-7011**

We are located on Highway #7 at the east end of Havelock, (next to Woody Burger).





# Let's Regatta!



Thank you to Nancy, Clare  
and all the volunteers who  
made the regatta a  
memorable one!



  
**Brad Vanden Tillaart**  
Building Services

C. 705.653.7303 • [btillaart@gmail.com](mailto:btillaart@gmail.com)





# Don Barrons Excavating



Log Length Firewood

Septic Systems, Land Scaping, Excavating

170 Jones Rd. Sand, Gravel, Top Soil

RR#2 Marmora Ont.

K0K 2M0

Tel:613-472-3806

Fax:613-472-3116

Cel:613-391-4237





**vandermeertoyota.com**

**905-372-5437**

**959 Division Street, Cobourg**

**Vandermeer Toyota is offering**

**“Cordova Lake Member Pricing”**

**Email Hank Vandermeer for more information**

**[sales@vandermeer.toyota.ca](mailto:sales@vandermeer.toyota.ca)**



*Carpets, Area Rugs, Upholstery,  
Air Ducts, Tile & Grout  
Truck Mounted System*

***Russ Teskey***

**705-748-9427 1-855-761-9427**

**[info@thestainexpert.ca](mailto:info@thestainexpert.ca) [thestainexpert.ca](http://thestainexpert.ca)**

**721 Unit 7 Rye St, Peterborough, ON**

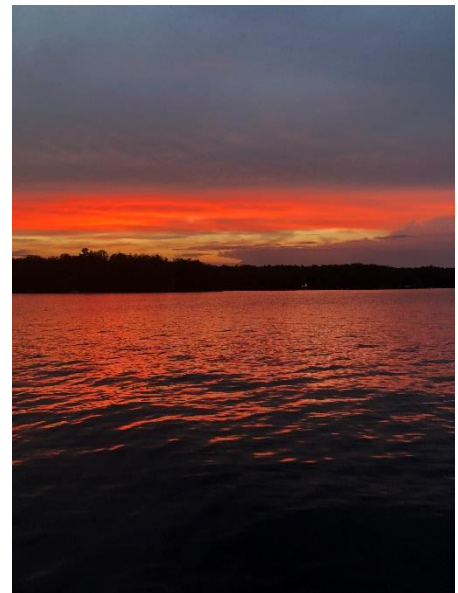
# Cordova Lake has the best sunsets!



Cordova Lake  
Drop off / Pick up  
82 F.R. 59A

**Kitchenology**  
**Knife Sharpening**  
"For Passionate Cooks & Professionals"

Stephen Flicke  
905-261-7308  
[www.kitchenology.com](http://www.kitchenology.com)



Cordova Lake  
Flotilla and the  
Regatta boats all  
lined up and ready  
to Regatta!





# How do you keep a lake skating rink smooth?

By Jackie Davis



*We plan to clear a spot on our lake for skating. How do we keep the ice smooth and prevent it from getting bumpy?*

*—Tammy Luscombe*

It will help to clean off the snow regularly, avoid skating when it's mild (which can chew up the ice), and resurface the rink periodically.

To resurface, you'll have to flood your ice. You can buy flooding tools, make your own (there are lots of designs on the Internet), or just use a plain old hose or bucket. Resurfacing is simpler if you have running water—and you can get that water down to the lake easily. If not, you can make a hole in the ice with an auger and use a pump to draw out the water.

Before you resurface, clear off *all* the snow—every little bit. If there's any left on the ice when you flood it, you can bet it will clump up, turn into a frozen lump and, come skating-party time, cause you to trip and fall (probably while everyone is watching). A shovel is fine to clear a small rink, say, six by 12 metres. For a larger rink, you'll probably want a snowblower, or the shovels—and help—of several neighbours. Flood the rink at night, when it's clear and the air is still (wind can cause ripples to form), and use only a thin layer of water, just enough to fill in blade grooves.

Of course, make sure the ice is thick enough before you start tromping around on it. It should be at least 20 cm thick; test a few spots with an auger. If you have any doubts, keep off. Stay inside and play a little table hockey instead.

## **Belmont Engine Repair**



**Sales & Service to All**

**Bill Seabrook**

**(705) 778-3838**

**belmontenginerepair.ca**



**6725 Hwy 7 East Havelock, ON K0L 1Z0**



# 6 reasons why every Canadian should try curling

By Sara Laux

Curling may have started in sixteenth-century Scotland, but it found its forever home in Canada in 1807 with the establishment of the Royal Montreal Curling Club—still the oldest sporting club in North America. Since then, the curling has spread around the world, becoming an official Olympic sport in 1998 and played in countries not traditionally associated with winter sports, including Brazil and Australia.

If you haven't tried curling, we'll forgive you—but here are six reasons you really should.

## 1. Anyone can play

Curling is one of the most inclusive sports out there. You can play in a wheelchair, you can play if you're visually or hearing impaired, you can play if you're 90, and you can play if you're five. There's such a big age range in curling that little kids can use special lighter rocks until they get big enough to push the granite monsters. You also don't have to be able to run 10 miles without breaking a sweat in order to play—although being physically fit is definitely a benefit. Both throwing and sweeping can get pretty intense. Curling teams can be all men, all women, or mixed.

## 2. Curling is inexpensive

No crazy pads, no skates, no helmets—just some basic gear and a membership to a curling league or club, and you've got yourself a super-fun sport. Chances are, you can play for a lot less than an annual gym membership. Just be warned: you can blow your budget pretty easily buying rounds for the other team after a match.

## 3. It's great for your mind

Curling is all about strategy and precision—in fact, its nickname is “chess on ice.” Although you can learn to play in a couple of hours, curlers spend years learning to read the ice, evaluate the other team's play, and make decisions accordingly. Plus, you'll get some good practice in focusing and being mindful. As one curler puts it, “Whether it's on sweeping, or watching a line, or letting your legs remember what the weight feels like as you slide out—you think about one thing. And for a bit, everything else melts away.”



#### 4. Curling is a ridiculously social sport

Good sportsmanship is key in curling—sweepers are expected to call their own infraction when they burn, or touch, a stone, for example. So while there's definitely rivalry and competition, it's also expected that curlers will be friendly and courteous, even if they're losing badly. Also, getting a beer or coffee with the opposing team after the game is pretty much required, so you're guaranteed to make friends whether you want to or not.

#### 5. It's safe

Yes, you can fall on the ice or trip over a stone, and yes, your quadriceps will feel like they're on fire after your first couple of games (a hot bath will help)—but all things considered, curling's a lot safer than a lot of other winter sports. You know, the ones that involve blades on your feet or hurtling down mountains at high speeds. Curling requires no safety equipment beyond a designated driver for the drinks afterwards.

#### 6. Wacky curling pants are a thing...in Norway

Google "Norwegian men's curling team" and you will see some of the brightest, craziest, wackiest curling pants ever. Team Ulsrud made headlines with their red, white, and blue designs during the 2010 winter Olympics in Vancouver, and returned to the 2014 Olympics in Sochi with an equally eye-catching wardrobe. An unofficial fan page devoted to the team's pants has almost 500,000 likes, and shows that the team continues its tradition of wacky pants today.

**CANADA'S SWEETEST BAKERY!**



**Dooher's**  
*Fresh baked goodness since 1949*

Pete Dooher      705.653.1460  
Cory Dooher      info@doohers.com

61 Bridge St. E.  
Campbellford, ON







**PINE WOODS CONTRACTING**  
"IF YOU WANT IT, WE CAN BUILD IT"

- Commercial & Residential
- Siding, Soffit & Fascia
- Custom Additions & Renovations
- Decks & Docks
- New Home Construction
- Fully Insured

RR #3, Cole Rd.  
Havelock, Ontario K0L 1Z0

Rick & Lori Nickle  
(705) 778-7283  
Fax (705) 778-7626



"Autumn carries more gold in its pocket than all the other seasons."  
Jim Bishop

Autumn is a second spring when every leaf is a flower.  
Albert Camus

**FAMOUS FALL QUOTES**

"Anyone who thinks fallen leaves are dead has never watched them dancing on a windy day."  
Shira Tamir

I'm so glad I live in a world where there are Octobers.  
Anne of Green Gables



# 10 things we're looking forward to this winter

By Tammy Burns

The leaves are falling, the days are growing shorter, and you're holding off as long as you can before switching on the house heat. Yes, Old Man Winter is on his way, and no matter how much we fight it, those days of blizzards and wind chills are coming.

And while we adore summer's late sunsets, warm lakes, beach barbecues, and lazy cottage weekends, we think there are plenty of things to love about winter, too. That's why, instead of bemoaning the impending cold and snow, we're choosing to embrace the much-maligned season, and here are 10 reasons why.

1. You can go back to indulging in creamy pastas, hearty soups, cheesy sandwiches, and other comfort foods without feeling guilty. After all, when it's cold outside you'll need those extra calories to help you keep warm, so eat up. It also doesn't hurt that winter clothing can be very forgiving.
2. Speaking of winter clothes, you can reunite with your favourite cozy sweaters—it's the only season where you can comfortably wear wool without breaking a sweat.
3. You can get back to perfecting your skills in all the sports that Canada is famous for: skating, skiing, snowshoeing, and curling. Challenge yourself to the Black Diamond slope that slipped you up last winter.
4. Every time you go outside, you'll look like a fresh-faced youth with perfectly rosy cheeks that not even the best make-up can mimic.
5. It's perfectly acceptable to turn down social invites so you can bury yourself under a blanket and binge-watch Netflix or read this year's line-up of Giller finalists. When the weather outside is frightful and it's dark by 5 p.m., no one will think you're lazy for making a date with your couch.
6. A clear sky on a bitterly cold winter day is unlike any other view of the sky you'll get the rest of the year—hazy summer afternoons can't compete with the crisp, blinding blue of a sunny winter's sky.



7. Planning a vacation is way more fun when it's mid-winter at home. Caribbean beach resorts, island yoga retreats, snowbird communities are that much more enticing when there's snow on the ground. Book your escape and get ready for that unparalleled joy of saying goodbye to a wind chill of minus 35—even if it's only for a week.

8. The first snowfall is just as magical as it was last year—and the year before that, and the year before that. No matter how much we all complain about winter, when those first flakes fall, we all run to the window to watch. The first snowfall reminds us of when we were kids wishing for school to be cancelled or when we'd run outside to catch snowflakes on our tongues.

9. The colder it gets, the warmer the drinks. A mulled wine or hot toddy never tasted so good.

10. You can get a fresh start on last year's New Year's resolutions—and this year, you really will keep them. Really.

**MARMORA INSURANCE SERVICES, A DIVISION OF**  
**NEWMAN, OLIVER & McCARTEN**  
INSURANCE BROKERS LTD.

SINCE 1871  
[www.newmaninsurance.ca](http://www.newmaninsurance.ca)

 **LIONEL BENNETT**  
BROKER  
[marmora@newmaninsurance.ca](mailto:marmora@newmaninsurance.ca)

31 FORSYTH ST., P.O. BOX 339, MARMORA, ONTARIO, K0K 2M0  
TEL. 613-472-2243 FAX 613-472-5565

**WALLACE J. BROWN**  
BARRISTER, SOLICITOR, NOTARY PUBLIC

17 Front St. South Campbellford, Ontario K0L 1L0 (705) 653-2041 Fax: (705) 653-4063 <a href="mailto:wjbrown.law@gmail.com">wjbrown.law@gmail.com</a>	11 George St. West Havelock, Ontario K0L 1Z0 (705) 778-3381 Fax: (705) 778-7722 <a href="mailto:wallace.b@wallacejbrown.ca">wallace.b@wallacejbrown.ca</a>
---	---





JOHNSTON EXCAVATING  
A division of Johnston Excavating and Concrete Ltd

Havelock Ontario K0L1Z0  
[johnstonexcavatingconcrete@gmail.com](mailto:johnstonexcavatingconcrete@gmail.com)  
(705)749-7815







# Buying or Selling?



R.M.R. Real Estate Brokerage, Independently Owned and Operated

## DAPHNE KALLIOMAKI

Sales Representative

*Your Cordova Lake Agent*

Office: 905-985-9777 or Toll Free: 1-800-448-1056

E-mail: [Daphne@DaphneKalliomaki.ca](mailto:Daphne@DaphneKalliomaki.ca)

Website: [www.DaphneKalliomaki.ca](http://www.DaphneKalliomaki.ca)

Recreational (Waterfront), Residential, Farm

### What I offer to help you buy & sell

- \* Up to date Information on current / past sales
- \* Realistic approach to the Real Estate market
- \* First Hand Knowledge of Cordova Lake as I have been on the lake for over 25 years
- \* Ability to meet you at home or cottage to discuss market or make a deal
- \* Plus so much more...

Currently Listed For Sale (Fall 2018)

with

*Your Cordova Lake Agent*



I OWN a Lakefront property, I LOVE Lakefront Living and I PROMOTE Lakefront Ownership.





**Relax at the cottage...we'll do the  
hard work you!**

**Sommer Retreat Property Management provides  
many services to help you relax at your cottage. We  
provide peace of mind for you and your renters.**

Sommer Retreat Property Management provides...cottage  
cleaning...cottage rental cleaning...cottage opening and closing  
cleaning...yard work and gardening...cottage rental  
management...painting and decorating services...shopping services  
and much more!

**contact us today!**  
**sommergettins@yahoo.ca**  
**phone 905-809-9676**

## Cordova Lake Contact Information

President	Melanie MacLeod	<a href="mailto:melaniejmacleod@gmail.com">melaniejmacleod@gmail.com</a>	613- 472-6166
Treasurer	Open Position		
Secretary	Clare Mathews	<a href="mailto:Clareclca@xplornet.com">Clareclca@xplornet.com</a>	613- 472 2225
Vice President	Sandy Rice	<a href="mailto:sandy.rice@outlook.com">sandy.rice@outlook.com</a>	613-472-5037
Past President	Brian Harper	<a href="mailto:brianharper1@live.com">brianharper1@live.com</a>	416- 417- 4761
Lake Stewards	Dan and Chris Lamers	<a href="mailto:thelamersfamily@yahoo.ca">thelamersfamily@yahoo.ca</a>	613-962-8995
Newsletter	Sommer Gettins	<a href="mailto:sommergettins@yahoo.ca">sommergettins@yahoo.ca</a>	905-809-9676
Advertising	Sommer Gettins	<a href="mailto:sommergettins@yahoo.ca">sommergettins@yahoo.ca</a>	905-809-9676
Website	Open Position		
Road Reps:			
Fire Route 18	Paul Carroll	<a href="mailto:ehoulden25@hotmail.com">ehoulden25@hotmail.com</a>	613-472-2211
Fire Route 54	Gord Bertrand	<a href="mailto:thebertrands@yahoo.ca">thebertrands@yahoo.ca</a>	613-472-0604
Fire Route 57	Dave Carr	<a href="mailto:dave.carr@omya.com">dave.carr@omya.com</a>	905-683-4563
Fire Route 59	Dave Simons	<a href="mailto:donebun.41@hotmail.com">donebun.41@hotmail.com</a>	613-472-5673



# Boutique

# Inspiration





## HOME DECOR • ARTWORK • GIFTWARE





## LADIES CLOTHING • HANDBAGS • JEWELLERY



18 Forsyth St., Marmora • 613 472-0999

www.bmr.co

