



## A Word from Joanne

Hi Folks, its early May and Spring has finally arrived. If you love the winter it sure was a good one. We left the house one morning in February and it was minus 29, for you people who head south for the winter that is cold.

We held our 3<sup>rd</sup> Annual Bocce Tournament on the Family Day weekend, that Sunday was the coldest day of the year and we still had 21 hardy souls turn out. The reigning champs won again, that would be Joan and Al from FR 58. Congratulations and look out, Danielle is planning on bringing in a ringer for her partner next year!!!







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On April 7<sup>th</sup> we went south for 12 days, when we left the ice was still a good 20" thick, when we got home there was no ice to be seen, a very welcome site. The black flies and mosquitos were a little later arriving but they are here and depending where you are on the lake quite ferocious.



Looking forward to this summer, we have our 2<sup>nd</sup> Annual Cordova Lake Fireworks happening on Saturday June the 27<sup>th</sup>. Last year was our first official event and the guys did a fantastic job. If you did not see them last year you must get out and see them this year. The fireworks are synchronized with some pretty awe-some music so pull your boat up so that you can hear the music and see the fireworks that dance close to the ground.

## Special points of interest:

- Annual General Meeting
- Silent Auction. Can you help?
- Water Conservation
- Keys to Safer Boating
- 2015 Cottage Dreams
- Remembering Dave Mercer
- What to put in the Blue Box

The 50/50 draw will be happening again this year. Keep an eye out for tickets that will be sold through the CLCA executives and of course at Sams.

Again we would like to "reward" those who actually read our newsletter so the clue for this issue is "Where is the baby powder?" If you know the answer please go to our website <a href="www.cordovalake.ca">www.cordovalake.ca</a> under the CONTACT US link and email us your answer with your name and phone number.

We will put all of the names in a hat and the lucky winner wins \$50.00.

Lastly I would like to say that I am hanging up my hat as the President of our lake association. I have been in this position for the last 6 years and have enjoyed it very much. It is time for some new blood to take over.

Please consider helping out and taking on the challenge. Anyone who is interested please let me know as soon as possible.

My last duty as President will be hosting our Annual General Meeting on Sunday July 12.

I will still be active in organizing some events such as the Winter Bocce tournament and would consider special projects that the new President and executive might like help with.

Thank you all for your participation and help over the years

Joanne

#### Many thanks!

We are very grateful to the CLCA Members who kindly donated money towards the 2015 fireworks display. We appreciate their generosity and would have liked to thank each publicly. Unfortunately, due to reasons of confidentiality we are unable to do so.



If your personal information has changed, i.e. phone number, address, email address

## please contact Melanie

by email at: melaniejmacleod@gmail.com or by phone at 613-472-6166.

In this way, we can make sure that you will receive pertinent member information in a timely manner.

We appreciate your help.



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## Regatta 2015

Insurance products and services are provided through Assante Estate and Insurance Services Inc.

We are delighted that Steve and Orla Boland have agreed to take the helm once again this year.

As always, the Cordova Lake Annual Regatta will take place on the Township-owned beach property on August 1, 2015...the Civic Holiday long weekend. Donations for the silent auction are always warmly received. Janet Gammon has provided her contact information elsewhere in this newsletter for that purpose.

Many of the folk who have helped at the regatta in previous years would be delighted if some of our younger folks would step up to the plate and do their part. If you grew up on the lake and are now here with your families, Steve would love to hear from you. If you are a high school student looking to complete your volunteer hours please contact Steve too. Help with set up and clean up is VERY much appreciated.

Steve's email address is soboland@rogers.com.

Sometimes people assume that Steve knows that they will do what they always do but...this isn't always the case. If you plan to take the lead in an activity, please contact Steve to let him know that. In the past we have sometimes had a bake sale and a silent auction for children. These are always popular tables but we do need someone to be in charge of each. Children's games are always a

have great games or an item for the raffle at a limited cost.

In other words, we need your help to make this a wonderful time for our lake community. Please don't hesitate to let Steve know what you can do to help and Melanie will be happy to send out any emails for you. Should you need a float for your activity, please be sure to contact our treasurer, Kim, at <a href="mailto:kim.stephenswoods@gmail.com">kim.stephenswoods@gmail.com</a>.

thrill for everyone. Perhaps you have a contact with someone which would enable us to





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Sunday, July 12 10:00a.m.

## **Cordova Mines Community Hall.**

The Annual General Meeting of the Cordova Lake Cottage Association will be held at the Cordova Mines Community Center on Sunday July 12<sup>th</sup>. Once again, our guests will include HBM Council Members, Mayor Ron Gerow and a few other invited guests.

The meeting will start at 10a.m. Coffee, donuts and socializing will take place after the meeting adjourns.

Should you choose to attend you will receive a warm welcome!

Effective April 15, 2015, you must install a carbon monoxide (CO) alarm adjacent to all sleeping areas of your home and your cottage if it has a fuel-burning appliance, attached garage or a fireplace.

#### Welcome to the Summer of 2015!

Everyone is busy preparing for their cottage opening and looking forward to all of the activities the Cordova Lake cottage season has in store for us. One of the social highlights of each year, without a doubt, is "Regatta", the not to be missed event of the summer!



Over the last several years, thanks to the amazing generosity of the CLCA membership, we have been able to raise a fair amount of money for our association at the Regatta as a result of the "Silent Auction".

Auction items can be dropped off at the Gammon's cottage (#137, south end, white cottage/black roof and shutters) any weekend beginning June 27th and any day the week leading up to Regatta weekend. It would be appreciated if items could be dropped off in advance so that table placement can be determined and bidding sheets can be prepared in advance. Although we're grateful for all donations, it is difficult to find a place to prominently display items that are delivered on the day of the Regatta after the tables are all set up and items are all arranged for display.

As you are out and about picking up new things you need for your cottage opening this year, think about choosing an item to donate to the Auction. We welcome new items of all kinds. A donation of tickets for any event would especially be warmly welcomed. This type of auction item tends to generate vigorous and very generous bidding!

Thanks so much, in advance, for your support of the CLCA Silent Auction at Regatta.

Janet Gammon

#### **Great News!**

Dave and Kathleen Gemmill, of FR 54C, are happy to say they've left the big city behind and made their cottage their home.

Dave has retired and will be working hard to complete the addition that was constructed last summer. Kathleen's retirement won't be too far behind when they can both be "living the dream" on Cordova Lake.





Keep ants out of your kitchen by blocking their path with baby powder. They don't like the scent.





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## The Clean Water Act

The <u>Clean Water Act</u> is part of the Ontario government's commitment to implementing all of the recommendations of the Walkerton Inquiry. For the first time, communities will be required to create and carry out a plan to protect the sources of their *municipal* drinking water supplies.

#### Source Protection Plans

As a result of the *Clean Water Act*, Communities in Ontario are required to develop source protection plans in order to protect their municipal sources of drinking water. These plans identify risks to local drinking water sources and develop strategies to reduce or eliminate these risks. Because it is everyone's responsibility to protect our water resources, broad consultation throughout the development of the source protection plans is important and involves municipalities, Conservation Authorities, property owners, farmers, industry, businesses, community groups, public health officials and First Nations.

In January 2014, it was announced that the Township of Havelock Belmont Methuen would receive a grant of \$62, 357 from the Source Protection Municipal Implementation Fund to help implement source water protection plans. On October 31, 2014 it was announced that Source Protection Plans for the Trent Conservation Coalition Source Protection Region, of which HBM is a part, had been approved by the Ministry of the Environment and Climate Change.

This policy has many far reaching applications which will affect waterfront property owners in a number of ways. The Source Protection Plan has outlined the following categories as those on which the plan will focus:

-sewage systems -agricultural activities -non-agricultural source material

-fuel storage and handling -waste disposal sites -chemical storage and handling

-road salt application -snow storage -aircraft de-icing

Many existing activities that are significant drinking water threats require the development of a Rick Management Plan. Rick Management Officials are specially trained individuals who will enforce policies in the plan and /or enforce a prohibition of the plan. Some municipalities have appointed an RMO; others have delegated such responsibilities to a Conservation Authority. It is unclear which approach HBM will take.

Bylaws are being created to address existing septic systems and both mandatory and voluntary inspections. The Health unit provides the Township with septic inspections for building permits and will conduct the mandatory inspections where a septic system could be a threat to

safe drinking water.

#### **Voluntary Septic Inspection Program**

In April 2014. it was recommended that council consider a septic reinspection program on Round Lake which has approximately 260 properties. Each inspection for the Health Unit is \$270 so this would have cost the municipality approximately \$70, 200 for which no funds had been set aside. Therefore, it was suggested that properties in the 'voluntary program' could be invoiced \$90 per year over three years with their taxes to cover the inspection fee.



# One of the falls from Cordova Lake.

Septic System Reminder:

NEVER inspect or pump out a septic tank yourself! The tank has virtually no oxygen and contains deadly gases that can kill in a matter of seconds.

## **Conservation Tips**

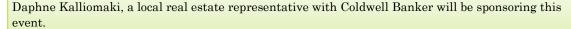
Water quality and quantity are closely linked; as the amount of water decreases the quality will also be reduced because there is less water to dilute contaminants. Communities can protect drinking water by reducing water consumption.

- 1. A running hose uses 500 litres of water in an hour. When washing the car try using a bucket and sponge or use a commercial car wash instead of a hose.
- 2. A leaking tap wastes 25 litres of water a day or 9,000 litres per year.
- 3. Instead of letting the tap run, use a basin to wash your fruit and vegetables and give the leftover water to your potted plants or the garden. Bathtub water can also be used to water plants.
- 4. Do you leave the tap running when brushing your teeth? A running tap loses 6 litres of water per minute.
- 5. Spend less time in the shower around 5 minutes is good. Baths use more than twice the volume of water as a shower.
- 6. Use a rain barrel so that when you have to water your plants you are truly conserving.
- 7. Install low flow shower heads, adjustable hose nozzles and low-flush toilets.

Additional information on this topic can be obtained from the Township of Havelock Belmont Methuen who has published a number of pertinent brochures. This an excerpt from their Watersmart brochure:

## Cordova Lake Clean Up Day

We will be holding our second "Clean Up Cordova Lake Day" on Sunday, August 30, 2015. This is a great way to keep our lake and roads clean of litter so please plan to help out.





Further information will be forthcoming closer to the date. Last year only a few environmentally conscientious souls helped out with this. We do hope that more people will take part this year as it is to everyone's benefit to have a clean lake and environs.

# **CLCA FIREWORKS**



The Cordova Lake Cottage Association is sponsoring a spectacular fireworks show. We hope that you will bring your family and guests. The best view will be from the water and we encourage you to bring your boat and drop an anchor in the lake. You will also have a great view from the Township owned—beach property.

Date: Saturday, June 27, 2015

Time: Sunset (approx. 10:00p.m.)

Location: Fireworks will be set off at the far northwest end

of the lake.

If you would like to help to defray the cost of this event, please send your donation to the CLCA c/o Melanie MacLeod at 201 FR59, Havelock, ON KOL 1ZO and mark it Fireworks 2015.

You may prefer to send your donation electronically. When you set up the etransfer:

- The name of the person to whom you are sending the money is kim stephens-woods
- Her email address is kstephenswoods@lakeridgehealth.on.ca
- You will be asked to create a security question.That question is....what is happening on June 27th.
- You will be asked for the answer to the security question which is ....fireworks

Many thanks for your support. We hope to see you there.





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## LYME DISEASE

Lyme disease is an infection caused by the corkscrew-shaped bacteria, Borrelia burgdorferi. In Ontario, these bacteria are spread by the bite of blacklegged ticks (formerly called deer ticks), Ixodes scapularis. The blacklegged tick can be found sporadically throughout the province.

#### What are ticks?

Ticks are closely related to spiders. They are typically small when unfed, (1 to 5 mm in length), and all active stages feed on blood. They cannot fly and they move quite slowly. Ticks usually come in contact with people or animals by



tick waiting on a blade of grass for host.

positioning themselves on tall grass and bushes. They may take several hours to find a suitable place on the host to attach to feed. Most tick bites are painless. The majority of bites will not result in disease because most ticks are not infected with the agent of Lyme disease.

In Ontario, locations with established blacklegged tick populations infected with Lyme disease include: Long Point Provincial Park, Turkey Point Provincial Park, Rondeau Provincial Park, Pinery Provincial Park, Rouge Valley, Point Pelee National Park, Prince Edward Point National Wildlife Area, Wainfleet Bog Conservation Area, and the Thousand Islands National Park area. The precise boundaries of these established tick populations are difficult to define but it is anticipated that some of these populations will continue to expand into neighbouring areas. Blacklegged ticks are also known to feed on migratory birds and as a result, they can be transported throughout the province. Therefore, while the potential is low, it is possible for people to encounter blacklegged ticks, or to be infected with Lyme disease from the bite of an infected blacklegged tick, almost anywhere in the province.

#### How do ticks transmit Lyme disease?

Blacklegged ticks are the only type of tick in Ontario that can consistently transmit Lyme disease. Even with a bite from an infected blacklegged tick, there is only a small chance of getting Lyme disease. Ticks feed on blood by inserting their mouthparts (not their whole bodies) into the skin of a person, or an animal. Ticks feed slowly and their body gradually enlarges as it feeds, making it more visible. It usually takes from 3 to 7 days for a blacklegged tick to take a complete blood meal.

#### What are the symptoms?

Early symptoms of Lyme disease usually occur within one to two weeks, but can occur as soon as three days or as long as a month, after a tick bite. If you develop: fever, headache, muscle and joint pains, fatigue and a skin rash, especially one that looks like a red bull's eye, promptly seek medical advice. It is important to tell your doctor when and the geographical location of where you were bitten by a tick. Not all patients with Lyme disease will develop the bull's eye rash.



#### **Treatment**

In most circumstances in Ontario, antibiotic treatment is not necessary if someone has been bitten by a tick. If a tick is discovered attached to a person, the tick should be promptly removed. The tick can be identified through a doctor and/or public health unit. If the tick is a blacklegged tick, it will be tested for Lyme disease. Medical attention should be sought if any symptoms of early Lyme disease develop within 30 days of removal of the tick.

#### How do I avoid ticks?

- Wear light-coloured clothing. It makes ticks easier to see and remove before they can attach to feed.
- Wear long pants and a long sleeved shirt.
- Wear closed footwear and socks.
- Tuck your pants into your socks.
- Use a tick repellent that has "DEET". Apply it to your skin and outer clothing. Avoid your eyes and mouth, as well as cuts and scrapes.
- Put a tick and flea collar on your pet and check them for ticks periodically.

#### What do I do if I find an attached tick?

- Prompt removal of ticks from your skin will help prevent infection, since transmission of the Lyme disease agent usually requires the tick to be attached for more than 24 hours.
- Using fine-tipped tweezers, carefully grasp the tick as close to your skin as possible. Pull it straight out, gently but firmly.
- Don't squeeze it. Squeezing the tick can cause the Lyme disease agent to be accidentally introduced into your body.
- Don't put anything on the tick, or try to burn the tick off.
- After the tick has been removed, place it in screw-top bottle (like a pill vial or film canister), and take it to your doctor or local health unit. They can send it to the Ontario Public Health Laboratory for identification. Establishing the type of tick may help to assess your risk of acquiring Lyme disease.
- Thoroughly cleanse the bite site with rubbing alcohol and/or soap and water.

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## Removing a Tick Safely

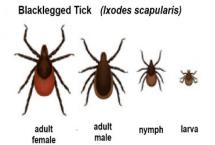
Here's another way to eliminate ticks on you, your children and your pets.

Apply a small amount of liquid soap on a cotton ball. Cover the tick with the soap soaked cotton ball. Blot it for a few seconds.

The tick will spontaneously detach and stick to the cotton as you remove it.

#### Tip:

Keep liquid soap & cotton balls in your summer first aid kit.







#### Sandy feet? Helpful Hint.

Pack a travel size bottle of baby powder in your beach bag. At the end of the day, rub it on your skin and sand will come right off.

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# 5 KEY STEPS TO SAFER BOATING

### Wear your lifejacket:

Legally you must carry one on board, appropriately sized for each passenger. But don't just carry it, WEAR IT.





### Don't drink and boat

Boating under the influence is not just illegal; it's irresponsible. Wait until you get back to the pier to have that beer.

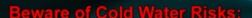
### Take a boating course:

The law now requires that anyone driving a motorized boat must have a pleasure-craft operator card. It's for your own safety and that of your passengers. Don't get caught without one. Take a course and get your license!



### Be Prepared

Ensure your boat has all the required safety gear and sufficient fuel. Be sure the weather is suitable for your vessel's capabilities.



Cold water is a significant risk. Learn how to protect yourself. Check out the reverse side of this brochure.



The Canadian Safe Boating Council is in the business of promoting safe and responsible boating throughout Canada. In conjunction with our partners and members we actively promote key safety messages nationally as well as sponsoring an Annual Symposium and the Canadian Safe Boating Awards.

"The environment is where we all meet; where all have a mutual interest; it is the one thing all of us share."—Lady Bird Johnson

## How to be a Hero?

The 2015 Cottage Dreams program is underway and applicant numbers are up from previous years.

It is not too late to register with Cottage Dreams, to share the gift of time at your cottage with a family that has survived cancer.

The program runs from June 7 to December 18, 2015 with properties being used for one or more Sunday to Friday weeks a year. This is an opportunity to give the gift of peace of mind and family time to those who have recently fought cancer.

They are in great need of more July and August weeks to accommodate the children whose parents don't want them to miss any more school.



If you can help with this wonderful program, please go to http://cottagedreams.ca/owners/

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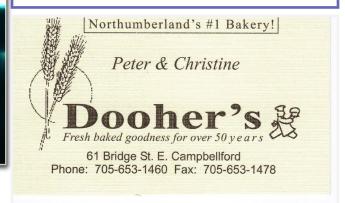
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## Lightning Safety Rules: When the Sky Roars Get Indoors

If you can hear thunder the storm is close enough to be potentially dangerous. Seek solid/ best shelter immediately.

Remain in that shelter for a full thirty minutes after the last rumble of thunder.

Best shelter = well constructed room in the basement.

As many walls between you and the outside as possible....away from windows.

Some of our island members would like to get their septic tanks emptied but do not know who provides this service. If you know who will do this, Melanie would appreciate hearing from you. HBM Council have been asked as has Peterborough County Health Unit and no-one thus far has a lead.

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## Remembering Dave Mercer

DAVID MCKAY MERCER passed away on his 75th birthday, Tuesday, January 10, 2015 at Campbellford Memori-Hospital.

al

Many of you will recall that his loving wife Kathleen had passed away in the previous year.

Dave leaves to mourn his passing his daughter Darlene and four grandchildren.

Dave was a good neighbour to many on Fire Route 57 and he will be missed.

#### NO EXIT SIGNS

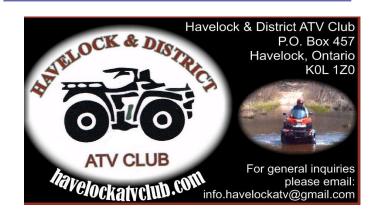
It was suggested at our last AGM that 'no exit' signs be placed at the entrance of each road. Therefore, the CLCA has purchased signs: 18 x 18 inches, black on yellow, one per road.



We are now looking for volunteers to erect these signs. If you are willing to put up a sign at the entrance of your road, please contact Joanne to obtain one.

Many thanks for your help.

To see a free film of Cordova Lake go to www.ecottagefilms.com



## History Comes to Life

Long-time cottagers may notice a long lost (yet familiar) vessel on the lake this summer. After sitting on the shore for many years (we figure between 12 and 17 years), the pontoon boat that once belonged to Hank and Joan Elson in Hank's Cove took a cruise around the lake this afternoon (May 24)!

The boat has received some TLC from our daughter (Emily) and her boyfriend (Luke). While it's running in tip-top condition, their restoration efforts will continue with upholstery work to un-do what the rodents did.



So, if you see Emily and Luke (and the as-yet-unnamed boat) on the lake this summer, give them a wave - - and be sure to share any memories you have of Hank and Joan with them!!

Dale Lowe / Lisa MacDonald Lowe

Wallace and Marilyn Boustead often provide us with a wonderful glimpse into our past. They recently passed along these five photos of the Deer River bridge which collapsed in August 1974 when a load of logs went over it.



### Handy Hint:

Keep your camera or phone handy at all times. If you can keep your equipment relatively simple you might be able to take advantage of unexpected opportunities to capture great shots.

If your phone has a camera, use it to 'take notes' on scenes you'd like to return with your regular camera.





Perhaps you are in one of these photos?

Please send more photos past or present of lake happenings.

## You too can be a winner!

50-50 DRAW TICKETS are available for sale at Sam's Place or by contacting any member of the CLCA Execu-

tive:

President: Joanne Butkevics 613-472-1819 jmb@orderline.com

Vice President: Carolyn Callam 613-472-3962 carolyn\_callam@hotmail.com

Secretary/Newsletter: Melanie MacLeod 613-472-6166 melaniejmacleod@gmail.com

Treasurer: Kim Woods 613-472-0524 kim.stephenswoods@gmail.com

The draw will take place at Sam's Place on Labour Day weekend... Saturday, September 5 at 3p.m.

Last year's lucky winner received \$815.00.



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There are NO LCBO or Brewers Retail sales on the following days: New Years Day, Good Friday, Easter Sunday, Christmas Day



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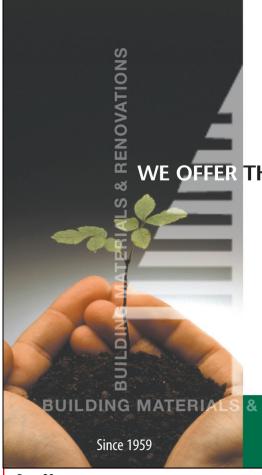
Bzzzzz... slap! Ah, the sounds of summer.

Enjoying the Canadian outdoors often means finding ways to keep bugs from biting. But with so many insect repellents on store shelves, how do you find one that works? "Different people have different levels of attraction for biting insects," notes Fiona Hunter, a medical entomologist at Brock University. It has to do with factors such as the amount of carbon dioxide you exhale (these bugs love carbon dioxide) and the microscopic organisms on your skin, as these give off different "scents" to a bug. By interfering with these factors, a good repellent will confuse or turn off those suck-



ers looking for blood. But some products do work better than others, regardless of how much you may be naturally attracting bugs.

Read more at http://www.besthealthmag.ca/best-you/prevention/how-to-choose-the-best-bug-





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# Mac Leod

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## A Prescription For Your Health That You'll Enjoy

A recent article from the University of Rochester suggests that "Nature is fuel for the soul." Richard Ryan, lead author and a professor of psychology says, "Often when we feel depleted we reach for a cup of coffee, but research suggests a better way to get energized is to connect with nature."

The findings are important for both mental and physical health. "Research has shown that people with a greater sense of vitality don't just have more energy for things they want to do, they are also more resilient to physical illnesses. One of the pathways to health may be to spend more time in natural settings," says Ryan.



In recent years, numerous experimental psychology studies have linked exposure to nature with increased energy and a heightened sense of well-being. For example, research has shown that people on wilderness excursions report feeling more alive and that just recalling outdoor experiences increases feelings of happiness and health. Other studies suggest that the very presence of nature helps to ward off feelings of exhaustion and that 90 percent of people report increased energy when placed in outdoor activities.

Those who spend time at Cordova Lake can well understand the benefits of being in nature. Research shows that the average American spends 87 percent of their time in enclosed buildings and 6 percent of their time in enclosed vehicles. That's a total of *93 percent* of your life spent *inside*. It's doubtful that Canadians are much different.

In the 1970s and '80s, children spent more than two hours outdoors on weekdays and nine hours on weekends, no matter what the weather. In contrast, a 2013 study found children spent just over one hour outdoors on weekdays and about 4.5 hours outside on Saturdays and Sundays. This was about *half* of the time the children's parents noted playing outdoors when they were children, which may be why 44 percent of the parents said they wished their children would play outside more often.

The children, in turn, had a long list of activities they said they would rather do than play outside. This included watching TV, playing computer games, playing with other electronic games and toys, reading books, surfing the Web... and even doing their homework or chores.

As noted in *Social Science & Medicine*: "The natural world has long been associated with health and described as a therapeutic landscape, and a growing body of research demonstrates the benefits of interacting with nature for mental and physical health. However, concern is growing that children have lost connection to the natural world and spend less time outdoors, despite the known health benefits of doing so."

We're now seeing record rates of childhood obesity, along with increasing rates of type 2 diabetes, asthma, vitamin D deficiency, and ADHD – all of which may be tied to children spending less time in nature engaged in outdoor activity. In fact, a shift toward a sedentary lifestyle and away from active outdoor play has been described as a "major contributor to the decline in children's health."

It would seem to be to the advantage of every member of the family to get outdoors. Why not:

-Go Fishing -Take a walk in the woods.

-Play an outdoor game such as horseshoes -Swim every day.

-Go for a ride in a canoe or pedalboat. -Chronicle a species...how many birds or turtles can you see?



Don't limit your activities only to daytime. Why not, head out at night to see the stars. There are thousands that are visible to the naked eye in the dark skies of rural Ontario.

Sorry about stating the obvious here, but research has demonstrated that relaxing outdoors makes us happy.

## **CLCA Dues**

Thanks to monies raised and careful fiscal management, we are able to keep the CLCA dues at the same \$20 they have been for the last number of years. We consider this excellent value for money and would be hard pressed to think of anything which doesn't cost you more now than it did a few years ago.

We have more members than ever but would ask for your help in letting new folk know that we exist. Due to modern day privacy regulations, it is very challenging finding out who has sold their cottages and getting the contact information for new owners. It would be appreciated if you would pass along Melanie's contact information to any new cottagers of your acquaintance.

## How to Pay CLCA Dues

We would appreciate it if you would pay your lake dues of \$20 before August 1, 2014.

Should you wish to send a cheque by mail, please make it payable to the CLCA and send it to:

CLCA c/o Melanie MacLeod 201 F.R. 59, Havelock, ON, KOL 1ZO.

If you send cash, please be sure to include your name and the cottage address for which you are paying.

For your convenience, we accept **E-Transfers** to pay for your lake association dues! *Please note that some banks do charge 1.50 to the sender of the money for the transaction.* 

When you set up the transfer,

The name of the person to whom you are sending the money is Kim Woods

You will require an email address to send the money .....that email address is kim.stephenswoods@gmail.com

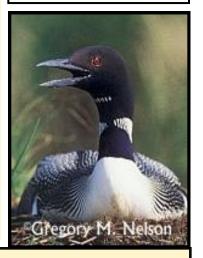
You will be asked to create a security question. That question is....What lake are you on?

You will be asked for the answer to the security question. It is Cordova



"Summer is the annual permission slip to be lazy. To do nothing and have it count for something. To lie in the grass and count the stars. To sit on a branch and study the clouds."

Regina Brett



#### Canadian Lakes Loon Survey

Do you spend at least one day a month in summer (June-August) on a Canadian lake where loons breed? If so, you could help monitor loons and lake health for Bird Studies Canada's Canadian Lakes Loon Survey. Families, lake property owners, fishermen and boaters can all help monitor the health of their favourite lake. By participating in the Canadian Lakes Loon Survey they will take their recreational activities to another level - active participation in science towards conservation.

For more information, please go to: <a href="http://www.birdscanada.org/volunteer/clls/">http://www.birdscanada.org/volunteer/clls/</a>



After 20 years of Bookkeeping & Income Tax Preparation, Cherie Semlitch, owner of Your Office and Chad Matthews, owner of Matthews Excavating have opened a new store in Havelock, managed by Ashley Pressick called **The Cottage.** 

We are located on Highway #7 on the east end of Havelock, (next to Woody Burger). The Cottage carries Fox, Billabong, SAXX, Woolrich & Life Is Good Clothing.

You can also find Speedo - Water Shoes, Snorkels and Goggles, along with a full range of **Water toys** - Kayaks, Tubes, Trampolines, etc.



There is even a **Gift Shop** with some lovely home decor items.

On May 30, 2015 there will be a **Grand Opening Celebration** starting at 10 a.m. Everyone is welcome to drop by and say hello. There will be a BBQ, Draws and Giveaways!





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#### **Tips for Cottage Guests**

Take things to occupy yourself.

Offer to help with a cottage task.

Take your own bedding, towels and toiletries.

Offer to be responsible for cooking a meal and cleaning it up.

Get a handle on the plumbing.

Bring your own drinks.

Plan for rain.

Above all, remember that your hosts purchased a cottage as a place of personal rest and relaxation.

Having guests is wonderful but should never be a burden!

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- Aerosols (shaving, hair products, body spray)
- ✓ Plastic bottles (shampoo, lotion, shower gel, mouthwash)
- ✓ Boxes from toothpaste, tissues, toiletries
- ✓ Cleaning supply bottles
- ✓ Deodorant (stick, roll-on, spray)
- ✓ Reading materials

#### Don'ts

- ✗ Tissues
- ✗ Make-Up containers
- x Toothpaste tubes
- X Face cream jars/tubes



For more information contact Environmental Services 705-775-2737

esinfo@county.peterborough.on.ca



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Your Cottage Listing can go Here. Please call me for more details.

As a Cordova Lake Cottage Owner myself, I am so happy to be listing and selling on the lake I love so much. My husband was born and raised on Cordova Lake, and we have raised our two kids on this lake also. Both my husband and I have been on the Lake Association Executive and I am happy to help you buy or sell on this Wonderful Lake.

Lakefront Beauty. Currently used as a Rental and with tons of income potential.







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**Sales Representative** 

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# **Stirling Festival Theatre**

## Walk Like a Man - Frankie Valli Tribute

Friday June 5 2:00 & 8:00 \$34 - \$38

## Legends in Concert LIVE \*Rod\*Cher\*Tom

Friday June 12 2:00 & 8:00 \$34 - \$38

Viscount Victor's Vaudevillian Variety Show!

Fri. & Sat. shows - July 11 - Aug. 21 \$10

Legally Blonde Young Company Musical!

August 6 - 23 \$15 - \$28 Family 4-Pack \$75

Johnny & June: A Musical Tribute

September 11 & 12 2:00 & 8:00 \$34-\$38

Memories of Rock 'n Roll: The Alan Freed Story

September 18 2:00 & 8:00 \$34 - \$38

### **ABBAMANIA**

September 25 2:00 & 8:00 \$34 - \$38

Elvis! Elvis! starring Gino Monopoli

September 30 2:00 & 8:00 \$28-\$32

**Murder Mystery Dinner Theatre** 

October 2 & 3 6:00 \$70 - \$75 Table of 8 \$550

Memories & Milestones with The Commodores

October 4 2:00 \$24 - \$28

**Shirley Valentine** 

October 16 & 17 2:00 & 8:00 \$24 - \$28

AND our 2015 Panto....

TREASURE ISLAND!

Nov. 20 - Dec. 31 \$12 - \$48

Most concerts offer a Pre-Show Dinner





1-877-312-1162 www.stirlingfestivaltheatre.com

## **Bonfire Safety Advice**

#### **Fire Bans**

Be sure that fires are allowed. Fire bans are common during dry periods of the summer.

#### **Wind Risks**

Windy conditions are dangerous. If the wind doesn't die down at dusk, cancel the plans for the fire.

#### **Fire Pit Location**

Locate the fire pit away from trees and outbuildings, preferably near the shoreline and a source of water.

#### **Extinguishing The Camp Fire**

Always keep a pail of water, a fire extinguisher, and a shovel ready for unexpected problems. A sudden gust of wind or a burning log that rolls out of the fire can cause the fire to spread quickly.

#### Children

Supervise children at all times. Make them sit a safe distance from the fire and don't let them play with burning sticks.

### Stop, Drop, and Roll

Make sure everyone knows the STOP, DROP, and ROLL rules for dealing with clothing that catches on fire.

#### **Designated Burner**

Choose a "designated burner" to be the sober person responsible for building and maintaining the fire for the entire evening.

#### **Bonfire Size**

Keep the fire small and under control at all times. A modest campfire is more than adequate for providing a source of heat and a comfortable place to cook some food.

#### How do you extinguish a bonfire?

Always put the fire out completely at the end of the night. Soak all the coals in water and stir the mixture. Take the time to do this thoroughly. add water until there is no more steam rising each time the water hits the coals.

Excerpted from 'Cottage Tips'-April 4, 2011

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## Come visit us at our new location #106 Preston Rd. Havelock

Every-one knows the basics of cooking over a campfire: Go hunt up a stick and sharpen it. Put hot dogs on the stick. Go hunt up another stick and sharpen it. Put marshmallows on that stick. Hold them over a



fire. Just like that, you've got dinner and dessert.

However, I'm sure that many at Cordova Lake have other favourite foods cooked on an open fire. We'd love to hear about your traditions for inclusion in another newsletter.

# Professional Dressmaking



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Lots of great hanging veggie garden ideas on Pinterest. Someone suggested putting putting a diaper at bottom of planter to retain moisture.

## Looking Back



## Do you recognize this man or this cottage?

I received an email from a gentleman telling me that his aunt and uncle, Duke and Janet Cousins cottaged on FR59A in the 60s. Duke was a metal worker. He built the cottage himself along with a free-standing fireplace.

The gentleman with the pike is Jack Sterritt, the father of my correspondent.

The lady pictured below is Arlene Sterritt, Jack's sister, whose picture was snapped with her dog Randy.

Steve says,

"There was a store at each end of the lake, one that you just ran up at the beach and the other had docks. There's was up on a slope from the lake with all louvred windows. They had a boat house with an upper deck and a slide. I'd say north side of the lake. My aunt was Duke's first wife Arlene. The cottage next door was Beamish's A frame and on the other side was a cottage down a hill with its own little bay owned by the Mackies."

Although other details aren't readily available, Steve does remember that they had many happy summers on the lake with his aunt. Well, except for the water snakes and dock spiders!







## Cordova Lake **Emergency** Information

Fire/Ambulance/Police Emergency: 911

MNR (Forest Fires) 1-613-332-3940

Poison Centre: 1-800-268-9017

Campbellford Memorial Hospital 1-705-653-1140

Ptbo. Regional Health Centre 1-705-743-2121

Ontario Provincial Police 1-888-310-1122

Havelock Community Police 1-705-778-2787

## You are located on Cordova Lake

Township: Havelock-Belmont Methuen

| Municipal / Rural Address     |  |
|-------------------------------|--|
| Island #:                     |  |
| Our (911) number:             |  |
| Emergency access point:       |  |
| (Fire road # plus Civic (911) |  |
| #)                            |  |
| Our Telephone Number:         |  |
| Owners Name:                  |  |
| Insurance Company             |  |
| Policy Number                 |  |





A FIRST AID KIT is a vital piece of cottage equipment which often gets overlooked. Because cottagers are not close to medical assistance it is an excellent idea to have a well stocked kit. The Canadian Red Cross suggests including these items:

2 absorbent compress dressings, 25 adhesive bandages (assorted sizes),1 adhesive cloth tape, 5 antibiotic ointment packets (approximately 1 gram). 5 antiseptic wipe packets, 2 packets of aspirin (81 mg each), 1 instant cold compress, 2 pair of nonlatex gloves (size: large), 2 hydrocortisone ointment packets (approximately 1 gram each), Scissors, 1 roller bandage, sterile gauze pads, an oral thermometer (non-mercury/nonglass), 2 triangular bandages, tweezers and, finally, a first aid instruction booklet. Keep these items in a duffle bag or backpack so that they can be easily transported when needed.,

## CORDOVA LAKE CONSTRUCTION

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