



Cordova Lake Cottage Association

Fall 2013

NO MATTER WHICH ROAD YOU TAKE, LIFE IS ALWAYS GOOD AT THE LAKE.

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If you are receiving your newsletter by mail and have email, please forward your email address to melaniejmacleod@gmail.com. In this way you will receive information in a more timely fashion and save us the cost of printing and postage.

We appreciate your ideas!

www.cordovalake.ca

President's Message

Joanne Butkevics



Well the summer is over and the beautiful fall leaves are all but gone. The weather is so so,.... but the silence is golden. Wow that sounds corny, but so true. There are days when there are no sounds at all outside.

The markers are in thanks to the Lamers and we are ready and waiting for winter. I hope everyone had a good summer and enjoyed their time at the cottage.

The regatta this year was another success and pulled off in record time thanks to Dave Carr and all the folks that helped out. We held it on the government property next to the beach property and had plenty of room for all of our activities. It looks like that is now the new home for our annual regatta.

We also had another successful 50/50 draw with the winnings going to Bernie Cassidy from Marmora and the \$100.00 prize for most tickets sold going to Sam's who in turn donated it back to our 2014 regatta.

The CLCA is trying to coordinate and plan a special fireworks display for next July 1st long weekend. Once we get all the details worked out we will keep everyone informed via email and again in our Spring newsletter expected out before the May 24 weekend.

Here is a clue for all you attentive readers to solve.

“Where did the golf ball go?”

When you have the answer please go to our website and email us your answer with your name and phone number. The first person to answer correctly will win the \$50.00 prize.

Wishing everyone a safe and healthy winter and a wonderful Christmas and New Year.

All the Best

Joanne

For Birdwatchers

MyAvibase allows birdwatchers to maintain their lifelists and generate additional reports. For example, using maps and graphs, users can quickly see how many species can be found in a given region and at various times of year. eBird users can easily import their lifelists into Avibase, then view how many new species they could potentially add on a trip (aiding birding trip planning), and generate custom printable checklists highlighting target species.

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Space Heater Safety Tips

With the Fall rains and accompanying dampness upon us, many families choose to use portable electric space heaters to help heat their homes. While portable electric space heaters can be a convenient source of supplemental heat for the home in cold weather, they also increase the risks of fire and electric shock if not used properly.

Keep your home warm and your family safe by following these simple space heater safety precautions:

- Read the manufacturer's instruction manual before using any space heater.
- Check to make sure the heater bears the mark of a nationally recognized testing laboratory such as Underwriters Laboratories (UL), Canadian Standards Association (CSA) or Intertek (ETL).
- Keep space heaters at least 3 feet away from any combustible materials, such as bedding, clothing, draperies, furniture, rugs, and holiday decorations.
- Do not use space heaters in wet or damp areas unless the manufacturer's instructions indicate that it is intended to be used in wet locations such as bathrooms.
- Do not use space heaters in rooms where children are unsupervised. Children may stick their fingers or other objects through the protective guards, causing burns or shock.
- Portable heaters have hot parts that can cause sparking. Do not use them in areas where flammable liquids such as gasoline or kerosene are used or stored.
- Space heaters are meant to supply supplemental heat. Don't use them to warm bedding, cook food, dry clothing or thaw pipes.
- Plug portable space heaters directly into an outlet; do not use an extension cord.
- Make certain the circuit into which you plug a space heater can adequately and safely handle the added demand.
- Unplug and safely store portable space heaters when not in use.

Did You Know?

Portable and stationary space heaters account for one-third (32%) of home heating fires and four out of five (80%) home heating fire deaths.

Handyman Wayne Lennox demonstrates where woodpiles should be located and how logs should be stacked to avoid rot and decay at www.youtube.com/watch?v=AlwnReWZQ7w



Bet You Don't Know All of These!

When you were in school your teacher was sure to have told you that a group of birds was a flock and that a group of cattle was a herd. But do you know the collective nouns which apply to these other Canadian animals? See if you can match them correctly. The answers can be found on page 15.

Animal: Bears, Polar Bears, Raccoons, Beavers, Bucks, Squirrels, Turtles, Foxes

Group Name: Celebration, Skulk, Dray, Bale, Nursery, Clash, Colony, Sleuth

MAGIC OF FALL

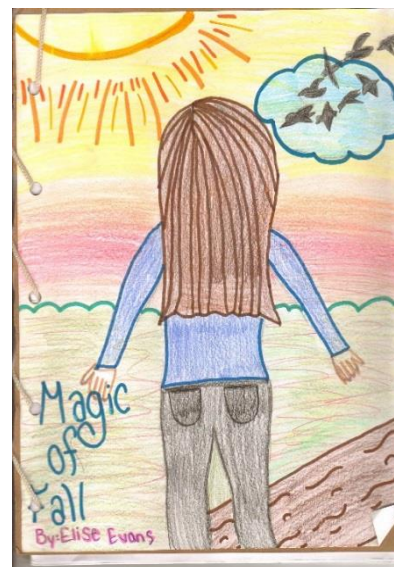
Walking in the forest in Fall is so magical. Looking at the leaves as they fall from the tall trees above you. Watching deer gallop off into the brush, one by one. Bunnies bouncing from stone to stone. Breathing in the warm, cool, fresh air, filling you with pleasure. Surrounding you are thousands of trees, red, yellow, orange, green as the leaves flutter to the ground like millions of butterflies. Fall is so enchanting, you feel so calm and at peace, you're the most relaxed person in the world. You skim your finger across the water of a wide lake. Glancing into your reflection, you suddenly see drops of water appear. You lay on your back and you're so in a trance, focused on how the clouds are all in a different array of shape and size. They float along with the Canadian geese, which look like one big bird soaring above you. The sun goes down, a few hours pass. A far but near by sound triggers your senses, a lone wolf howls at the full moon. Many wolves join in as if you were at a concert.

The bright white moon shines across the lake, the stars light up the sky as they twinkle in your eye. A cool wind blows through your hair and you fall into a deep relaxing sleep. Daylight appears again, another day, new adventures. New day, and new mind. Fawn stroll along the shoreline following their mother. Life in the forest is in motion for winter, but they enjoy every last day of warmth they can get. The bright sun warms up the air and you can feel the heat on your face. Beaming on the lake, sunrays float on the water. Ducks paddle on the lake about to take off south, flapping their wings, as they take off they look like an airplane on a runway. Drips of water come off their wings for the last time of the year at the lake. Now the water is silent and empty a few ripples of water, but almost completely flat. The last leaf of the big maple tree has fallen down. The forest bottom is full of color and life. Squirrels and chipmunks are collecting nuts for hibernation, filling their homes with twigs and fallen leaves for warmth and comfort.

Walking along a road made of stones, you find a nice sturdy tree, good for climbing, you reach the top, you get that feeling that no words can describe but...WOW. Birds fly just above the horizon, sun shines and make the trees glow. A clear blue sky with one cloud in it, it looks like a.....before you can say another word eight geese fly out of the cloud and you get shivers down your spine, you look at your arm and you have goose bumps for geese. It looks like a priceless painting. There is only one time in your life you could ever see this. If your lucky, so you savor every mental image you can remember. Because it is fall the sun goes down sooner, but there is always tomorrow.

Written by Elise Evans

Grade 7



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Regatta 2013

Hi everybody! I would like to post a big thank you for all of the great support we had for the regatta this summer. It is always the hottest of the summer days. This year was the same and another fun filled day. Just ask any of the kids that were there. This year we held the event on the township property that we maintain and the consolidation of the venue brought us all together that much more. We did respect the new ownership of the beach property that is trying to establish the premise of private property and we did not conduct any events there. We wish Mark all the best in setting up there. He is cleaning the land and it is already taking on a groomed look

Everyone loves coming to Regatta to take part and to meet up with all of our neighbours. It's also where we take care of a lot of our lake business that helps to keeping us going as a community

There are the regular people that always show up to help and this year we had more new come forward. This year we had Steve Boland take the all of the Regatta inventory back to their cottage to store it. This will give us a chance to spruce up the kids games to be ready for another Annual Regatta.

All you kids keep practicing for the races.

Dave Carr

Joanne took many photos at this year's regatta. To see pictures of your friends and family just go to www.cordovalake.ca and click on Events. Enjoy!

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Regatta Financial Report

Income: 2131.80

Expenses: 1537.52

Profit: 594.28



Alton Brown's Leek and Potato Soup

1 pound leeks, cleaned and dark green sections removed, approximately 4 to 5 medium

3 tablespoons unsalted butter

Heavy pinch kosher salt, plus additional for seasoning

14 ounces, approximately 3 small, Yukon gold potatoes, peeled and diced small

1 quart vegetable broth

1 cup heavy cream

1 cup buttermilk

1/2 teaspoon white pepper

1 tablespoon snipped chives

Chop the leeks into small pieces.

In a 6-quart saucepan over medium heat, melt the butter. Add the leeks and a heavy pinch of salt and sweat for 5 minutes. Decrease the heat to medium-low and cook until the leeks are tender, approximately 25 minutes, stirring occasionally.

Add the potatoes and the vegetable broth, increase the heat to medium-high, and bring to a boil. Reduce the heat to low, cover, and gently simmer until the potatoes are soft, approximately 45 minutes.

Turn off the heat and puree the mixture with an immersion blender until smooth. Stir in the heavy cream, buttermilk, and white pepper. Taste and adjust seasoning if desired. Sprinkle with chives and serve immediately, or chill and serve cold.

Bird Studies Canada Hosts Education and Outreach Programming in Southern Ontario

Do you want to learn how to identify backyard birds? Become a citizen scientist? Meet fellow bird enthusiasts? Birdwatching is an excellent way to enjoy and appreciate nature throughout the year, and there are endless opportunities to learn about our feathered friends.

The **Bird Science and Environmental Education Program** offers exciting, curriculum-linked field trip programs at Bird Studies Canada's Port Rowan headquarters and Long Point Bird Observatory, as well as in-school classroom programs, workshops, and presentations. They also offer community outreach events and workshops in the Long Point area for the general public.

Visit their website to download detailed 2013-2014 schedules for our **school programs** and **community events**. For more information and to register, please contact education@birdscanada.org or call [519-586-3531 ext. 128](tel:519-586-3531).

"Fall has always been my favorite season. The time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale."



Laura DeStefano, *Wither*



Almanac Reports Cold Winter Expected by Samantha Edwards

The Farmers' Almanac has just released its winter forecast report, and not surprisingly, it predicts Canada will have a cold, snowy winter.

The century-old periodical, which employs highly secretive mathematical and astronomical formulas to make its predictions, reports that below-normal temperatures will predominate from east of the Rocky Mountains to the Eastern Great Lakes, with the coldest temperatures meandering southeast across the Canadian Shield to the Great Lakes. Only those who live along the coasts will be spared, as the Almanac predicts temperatures will average close to normal.

Snow will be a unifying grievance for Canadians, with significant snowfalls predicted for the whole country. Quebec and Ontario will see a snowier-than-usual winter, much to the joy of elementary school children vying for snow days.

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Point / CounterPoint - Township Services and Taxes

By: Jane Caution and Dan Buildall

Dan: I love it up here. You get no services, you need no services and you expect no services. By the most part, the Township leaves me alone to do as I please. It would be even better if they didn't come around every time I had a party, made some noise, or shot some geese. What's pontooning all about if you can't drink a few beers and whiz off the back of the boat. I'll have a beer with the Town Council anytime. Now that's country living!

Jane: I can't believe it. My taxes keep on going up and up and what services do I get on Cordova Lake. Nothing! No garbage pick-up, no sewage services. The paved roads are falling apart. They wouldn't even plow Vansickle Road if there weren't kids that needed to be picked up by County school buses. The power up here sucks, no cell service and internet services are sketchy.

Dan: Jane, grow up. 30 years ago, you were lucky if you had power. No one plowed your road. After cottage season you would be lucky to see another person. Now at least there's other people up here year around. We help each other out. We survive with what we have. Who needs more Township involvement? I'm happy, just the way it is.

Jane: Dan, move into the 20th century! We pay taxes to get services. Can't you see that we're getting ripped off while all of the services are being allocated to others? Every time you try to do something, someone is sticking a restriction or a new rule up your drain pipe. Give me some respect for all of the money I am forking out.

Dan: Hey, it's your own fault. You had to go and build that huge house. Along with that lifestyle, you need all of those extra services. Now you're paying the taxes that go with it. I've been living in my little place for 30 years. I dug my own outhouse. I dug my own well. I cut my own wood. I plow my own road. I fish. I hunt. Sounds good to me. Hey baby, quit your bitching and put on a pair of rubber boots and help me split some wood. I'll show you some services.

Jane: Dan, you pig!

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50-50 Draw

Tickets were sold for the CLCA's 50-50 draw throughout the summer with the draw being held at Sam's Place on the Labour Day weekend.



This year's lucky winner was Bernie Cassidy from Marmora. He was the fortunate recipient of \$1077.50. Congratulations Bernie!

50/50 2013 Financial Statement

Tickets Sold	\$2155.00
50 % to winner	\$1,077.50
\$100.00 to winner of most tickets sold	\$100.00
Profit	\$ 977.50

The winning ticket was sold at Sam's Place and they also sold the most tickets. Kelly and Bill Harris from Sam's Place have generously donated the \$100.00 prize for most tickets sold back to the CLCA

Cell Phone Update

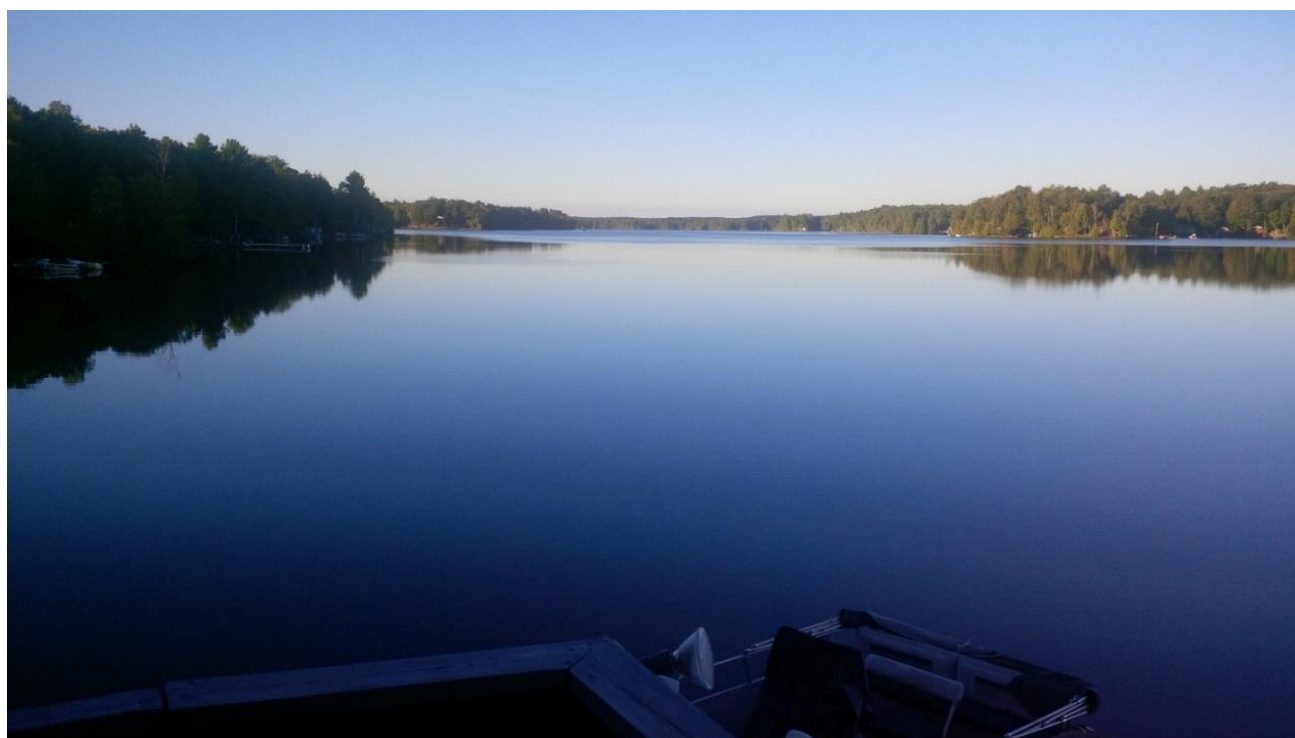
Bob Gubb contacted Lisa Severson ([613-213-8520](tel:613-213-8520)) at EORN (<http://www.eorn.ca/service-locator>) regarding cell phone service at the lake. Lisa advised that the cell phone gap was to be rectified summer of 2013. EORN requested bids by three providers: Bell Alliance, Nexicom and another provider. Unfortunately none of the providers contacted returned with a bid so the service was not made available. She also advised that they are meeting again in January 2014 to discuss service gaps in Eastern Ontario and that our area will be again identified and looked into to resolve the gap problems.



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Heart Attacks: One Woman's Story

Women rarely have the same dramatic symptoms that men have ... you know, the sudden stabbing pain in the chest, the cold sweat, grabbing the chest & dropping to the floor that we see in movies. Here is the story of one woman's experience with a heart attack.

I had a heart attack at about 10:30 PM with NO prior exertion, NO prior emotional trauma that one would suspect might have brought it on. I was sitting all snugly & warm on a cold evening, with my purring cat in my lap, reading an interesting story my friend had sent me, and actually thinking, 'A-A-h, this is the life, all cozy and warm in my soft, cushy Lazy Boy with my feet propped up.

A moment later, I felt that awful sensation of indigestion, when you've been in a hurry and grabbed a bite of sandwich and washed it down with a dash of water, and that hurried bite seems to feel like you've swallowed a golf ball going down the esophagus in slow motion and it is most uncomfortable. You realize you shouldn't have gulped it down so fast and needed to chew it more thoroughly and this time drink a glass of water to hasten its progress down to the stomach. This was my initial sensation--the only trouble was that I hadn't taken a bite of anything since about 5:00 p.m.

After it seemed to subside, the next sensation was like little squeezing motions that seemed to be racing up my SPINE (hind-sight, it was probably my aorta spasms), gaining speed as they continued racing up and under my sternum (breast bone, where one presses rhythmically when administering CPR).

This fascinating process continued on into my throat and branched out into both jaws. 'AHA!! NOW I stopped puzzling about what was happening -- we all have read and/or heard about pain in the jaws being one of the signals of an MI happening, haven't we? I said aloud to myself and the cat, Dear God, I think I'm having a heart attack!

I lowered the foot rest dumping the cat from my lap, started to take a step and fell on the floor instead. I thought to myself, If this is a heart attack, I shouldn't be walking into the next room where the phone is or anywhere else... but, on the other hand, if I don't, nobody will know that I need help, and if I wait any longer I may not be able to get up in a moment.

I pulled myself up with the arms of the chair, walked slowly into the next room and dialed the Paramedics... I told her I thought I was having a heart attack due to the pressure building under the sternum and radiating into my jaws. I didn't feel hysterical or afraid, just stating the facts. She said she was sending the Paramedics over immediately, asked if the front door was near to me, and if so, to un-bolt the door and then lie down on the floor where they could see me when they came in.

I unlocked the door and then laid down on the floor as instructed and lost consciousness, as I don't remember the medics coming in, their examination, lifting me onto a gurney or getting me into their ambulance, or hearing the call they made to St. Jude ER on the way, but I did briefly awaken when we arrived and saw that the radiologist was already there in his surgical blues and cap, helping the medics pull my stretcher out of the ambulance. He was bending over me asking questions (probably something like 'Have you taken any medications?') but I couldn't make my mind interpret what he was saying, or form an answer, and nodded off again, not waking up until the Cardiologist and partner had already threaded the teeny angiogram balloon up my femoral artery into the aorta and into my heart where they installed 2 side by side stints to hold open my right coronary artery.

I know it sounds like all my thinking and actions at home must have taken at least 20-30 minutes before calling the paramedics, but actually it took perhaps 4-5 minutes before the call, and both the fire station and St Jude are only minutes away from my home, and my Cardiologist was already to go to the OR in his scrubs and get going on restarting my heart (which had stopped somewhere between my arrival and the procedure) and installing the stents. Why have I written all of this to you with so much detail? Because I want all of you who are so important in my life to know what I learned first hand.

1. Be aware that something very different is happening in your body, not the usual men's symptoms but inexplicable things happening (until my sternum and jaws got into the act). It is said that many more women than men die of their first (and last) MI because they didn't know they were having one and commonly mistake it as indigestion, take some Maalox or other anti-heartburn preparation and go to bed, hoping they'll feel better in the morning when they wake up... which doesn't happen. My female friends, your symptoms might not be exactly like mine, so I advise you to call the Paramedics if ANYTHING is unpleasantly happening that you've not felt before. It is better to have a 'false alarm' visitation than to risk your life guessing what it might be!

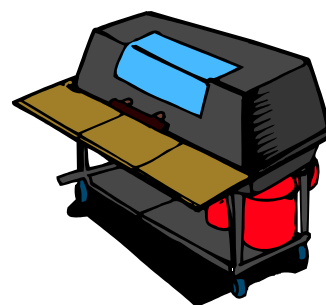
2. Note that I said 'Call 911.' And if you can, take an aspirin. Ladies, TIME IS OF THE ESSENCE!

3. Do NOT try to drive yourself to the ER - you are a hazard to others on the road.

3. Don't assume it couldn't be a heart attack because you have a normal cholesterol count. MIs are usually caused by long-term stress and inflammation in the body, which dumps all sorts of deadly hormones into your system to sludge things up in there. Pain in the jaw can wake you from a sound sleep. Let's be careful and be aware. The more we know the better chance we could survive.

Top Five Tips for Year Round Barbecuing

For cottagers, barbecue season never ends—and rightly so. Just because it's Winter doesn't mean you have to keep the cover on your grill. "There are all kinds of ways to make barbecuing every month of the year a great experience," says Duff Dixon, president of Ontario Gas Barbecue. To make it a more pleasant and efficient experience for you, we've compiled the following five tips.



Keep warm: That goes for you and your food. Keep a hotplate nearby for the food, and if you plan to do a lot of grilling in the off-season, consider investing in an outdoor heater. Not only will it help keep you warm, but it can also transform the space around you into a comfortable place for others to gather. That way, if you do have to stand in the cold to tend to your food, you will at least have some company.

Measure it: Winter grilling does require patience, as it may take a little longer to get the job done. It can be a good to add a few extra tools to your list, such as a meat thermometer, which will help ensure your meat is properly grilled.

Be prepared: Make sure you have everything you need, so you're not constantly going in and out. As mentioned in the previous tip, what you need may differ in winter, since wind will likely slow down temperature recovery time. For instance, if you're using a charcoal grill, you'll likely need more briquettes than you use in warmer months.

Go low maintenance: One of the keys to winter barbecuing is ensuring you're able to keep the lid closed for as much time as possible, so you don't waste too much energy. Stick to recipes that don't require basting. If you want to cook something like chicken or turkey, try a rotisserie so you don't have to continually check its progress. And if it's particularly cold outside, you can let the rotisserie do most of the work while you find somewhere warmer to relax.

Position properly: While it's essential that you keep your grill in a well-ventilated area, moving it to a side of your house or cottage that's shielded from the wind can make a big difference, allowing you to focus more of your attention on your food, and letting your grill retain the heat it needs.

Taken from Cottage Life January 2012

If you are moving or changing phone numbers, please forward your updated contact information to us at www.cordovalake.ca

If you have any queries concerning the Cordova Lake Cottage Association please contact us at www.cordovalake.ca



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Chocolate Raspberry Ice Cream Pie submitted by Elise Harrison

- 1 package (4 serving size) Jell-O Brand Raspberry Flavour Gelatin
- 2/3 cup boiling water
- 1 cup vanilla ice cream
- 2 cups thawed Cool Whip Non-Dairy Whipped Topping (I use light)
- 1 cup fresh raspberries
- 1 prepared 9 inch chocolate cookie crumb crust, cooled (make your own or buy already made)

Completely dissolve gelatin in boiling water. Add ice cream by spoonfuls, stirring until melted and smooth. Blend in whipped topping and raspberries. Spoon into crust. Chill about 3 hours. Garnish with chocolate curls and additional whipped topping and fruit, if desired.

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How to Prevent Mice From Entering Your Home

Mice are cunning creatures who find ways to enter homes through tiny cracks and holes. They make nests in unused corners, and they're able to subsist on crumbs. You may not even notice the presence of one or two, but if you aren't careful you could end up with a full-blown infestation on your hands. The key to preventing mice from coming inside is to seal your home, clean out places where mice like to nest and remove their food sources.

To seal your house or cottage:

Close your doors. If you have a habit of leaving your front door or garage door open, mice may be taking the opportunity to dart inside when you aren't looking. Keep your doors closed to discourage mice from entering.

Seal your windows. Mice are good climbers, and they'll have no trouble getting in through a window, especially if it's on the first floor. Keep your windows closed or screened at all times.

- If it has been awhile since you've looked at your screens, go around your house and inspect them. Screens tend to break down over time, and a rusty hole or a tear in fabric screens could be providing an entrance for mice.
- If you have a window that won't close all the way, or has a gap between the window and the frame, seal it with steel wool or hardware cloth.

Mice, with their flexible bodies and tiny skulls, can fit through holes as small as a dime, or basically anywhere you can shove a pencil.

Inspect the foundation. Another likely place for mice to enter your home is through cracks in your walls, especially near windows and entryways. Walk around the outside of your house to inspect it for cracks or holes mice could use to enter your home.

- Seal any holes you find that are bigger than 1/4 inch (6.4mm). It's best to use sturdy repair materials such as sheet metal, hardware cloth or concrete mortar. Mice may be able to quickly chew through weaker materials and regain access to your house.
- Check the wall that separates your garage from the rest of your house. Sometimes mice get in through garage doors, since they're harder to seal than smaller doors, and then find a way into the main house.

Seal off cable and drain outlets, vents and chimneys. Mice can easily follow cables into your home if the hole is large enough for them to fit into. They can also come in around access holes created for running pipes and drains or scurry into vents and chimneys.

- Stuff stainless steel pads into small holes around pipes and cables, and then seal the holes with caulk. The steel pad creates an abrasive barrier to keep mice out, and it can easily be cut up with scissors to fit into smaller areas.
- Prevent mice from getting inside pipes, vents and chimneys by installing screens.



Black Bear Sightings Are On The Rise

A Peterborough woman was attacked by a bear Sunday (Sept. 29) while walking her dogs on a trail.

Peterborough County OPP say at about 4 p.m., officers were called to the 7th Line of Belmont in response to a report of a woman who had been attacked by a bear.

Officers learned a 53-year-old woman was walking her dogs on a trail off the 7th Line of Belmont south of Highway 7 when she encountered three black bears.

One of the bears became aggressive and attacked the woman, biting and mauling her. The woman's dogs were also injured as they came to the woman's assistance, eventually frightening the bears away.

The woman was able to make her way to safety and call 9-1-1 from local residence.

Paramedics rushed the woman to Campbellford Memorial Hospital for treatment of non-life threatening injuries.

The area was searched and local neighbours were advised of bears in the area. Officers were unable to locate the bears. The Ministry of Natural Resources was notified of the incident.

Reminder:

People are reminded that bears usually avoid humans but they are attracted to urban and semi-urban areas to get food. They will topple bird feeders, ransack barbecues, raid garbage cans and even try to enter buildings. When they learn that they can find food where people live, bears will return again and again.

While bear attacks and human injuries are rare, garbage, bird and pet food, and smells like grease and food residue on barbecues attract bears.



Can I Safely Compost Garbage Without Attracting Bears?

Yes. Assuming you compost appropriate materials (for example, vegetables, breads and grains, tea bags, coffee grounds, egg and nut shells, yard trimmings, leaves) and don't include any meat, seafood, fats, oils, bones, dairy, diapers, or pet wastes. What about fruit, you ask? It's good fodder for the pile, but when rotting, it smells strong and sweet. So, for bear-proof compost, the Ontario Ministry of Natural Resources recommends that you avoid adding it.

To help speed decomposition and reduce any smells, turn the pile frequently, bury fresh food scraps *in* the pile, instead of tossing them on top, and add extra layers of soil. A weird stench indicates that there's a less-than-ideal carbon-to-nitrogen ratio. For example, a rotten egg stink may mean that there's not enough air or too much moisture; an ammonia smell may mean that there's too much nitrogen. In both cases, incorporate coarse carbon-rich items, such as sawdust or leaves, into the pile.

Even if your compost doesn't attract bears, don't be surprised if it attracts other wildlife, especially raccoons and skunks. They're not as scary...but they're just as annoying.

Something else to consider:

Crows don't do anything alone or quietly! They are especially loud during nesting and breeding season when it's important to them to advertise their ownership of territory. They're not as noisy in the fall or winter but they do gather in large roosts overnight. Crows are extremely smart and have very long memories. However through consistent, long-term efforts you may be able to convince them to leave. Should you wish to do so, remove any food sources including compost, pet food and garbage. If you use bird feeders switch to a food the crows dislike, such as safflower seed.

Adapted from an article in Cottage Life

SUPPORT OUR ADVERTISERS

Loons on Cordova Lake written by Ian Sturdee

I have been reporting to the Canadian Lakes Loon Survey about loon nesting success on Cordova Lake for 9 years.

Numbers of Loons?

Loons are territorial, especially during nesting. Over the years there have been two nesting pairs on the lake, one taking the north half and the other the south half. Other loons sometimes land on the lake. They do not stay long, usually less than a day.

Also the two nesting pairs often move around their territory, sometimes creating the impression that there are more resident loons than just 2 pairs.

It is interesting to note that loons cannot walk on land. They spend their life on water, but crawl up on land to nest at the water's edge.

Territorial Behaviour

Research has shown that both male and female loons may try to take over from the resident loon of the same sex, sometimes successfully. If you see two loons diving continuously near each other and/or one loon chasing another along the water surface one of them is probably trying to take over from the other.

Factors Affecting Nesting Success

Since 2005 the success rate of loon nests on Cordova Lake has been 61% which is better than the 48% needed for long term maintenance.

Since 2005 the success rate of loon nests on Cordova Lake has been 61% which is better than the 48% needed for long term maintenance.

Overall in eastern Canada there has been a noticeable decrease in nesting success in recent years. Researchers at Bird Studies Canada (birdscanada.org) have concluded that acid rain and mercury are the main factors affecting loon nest success. There are fewer fish, especially in smaller lakes because acid rain is more concentrated in these lakes. Loons are at the top of the food chain, meaning they absorb the highest concentrations of mercury. Mercury in their system makes them bad parents because they become lethargic, tending less to their nests and their young.

This Year at Cordova Lake

We were excited when two loons hatched in the north end in 2013. We did not find any juveniles in the south end (unless I missed them- has anyone seen any this year?). As you probably know, sadly we lost one to a fishing lure.

When Do Loons Leave?

Loons stay surprisingly late into the fall, often into November. As with many other bird species, the adults leave first after giving flying lessons to their young. Loons mostly winter off the east coast of North America in coastal waters. Some return in the spring shortly after the ice melts.



Host a Christmas Bird Count for Kids

Do you enjoy sharing birding and nature experiences with children and youth? Looking for a unique winter activity for your group? Please consider running a Christmas Bird Count for Kids (CBC4Kids) in your community. The event is fun and easy to set up: just choose a location and date, advertise your event to youth and families, go birdwatching, and submit your group bird count data to [eBird Canada](http://eBirdCanada.org).

For a CBC4Kids planning package, email education@birdscanada.org or call [519-586-3531](tel:519-586-3531) ext. 128. Please register your event by November 20, 2013.

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Family Day Bocce

Sunday February 16, 2014 at 1p.m.

This will be our third year for the Annual Winter Bocce tournament. Last year was a bitterly cold day with lots of sunshine and all of us kept warm with a great fire on the ice and lots of activity tossing those bocce balls.

It's a great day if the weather cooperates so put this date on your calendar and we will see you at the north end of the lake on Sunday at 1p.m.



WINTER: There is a privacy about it which no other season gives you.... In spring, summer and fall people sort of have an open season on each other; only in the winter, in the country, can you have longer, quiet stretches when you can savor belonging to yourself. ~Ruth Stout

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Cottage Closing Time-End of Season Tips

Cottages and summer homes are most vulnerable to thieves, damage or vandalism in the off-season.

If you own a cottage or other rural seasonal property, it's time to consider the following:

- Secure your windows and doors. Close window curtains or blinds, and put up shutters to protect the interior from marauders (animal or human).
- Leave no valuables at the cottage (electronics, personal items, tools) unless you're prepared to lose them. Lock up sporting goods that you decide must stay year-round (fishing rods & equipment, water skis, toys). Record the serial numbers of anything of value left behind. Marking your valuables with a drivers' license number can help deter a thief or aid in property recovery.
- Remove all food, and anything that may attract animals.
- Pack up and take home all alcohol.
- Don't leave firearms or weapons at the cottage.
- If you are leaving vehicles, boats, ATVs or snow machines, make sure they're winterized and secure. Leave nothing on trailers unless it is locked or disabled.
- Designate a year-round contact or key-holder for: alarms, thefts, weather damage or animal problems.
- Make a list of where everything is and make copies. Store one copy on your home computer and put a copy with items that will go back up to the cottage on your next trip.
- If you have propane appliances make sure they are properly shut down.
- Drain all water pipes, water heaters and fixtures, to avoid freezing.
- Defrost and unplug the refrigerator.



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CPR - Cardiopulmonary Resuscitation

As most of you are aware we have an aging population. On Cordova Lake we are at least 45 minutes to an hour away from the closest hospital, getting an ambulance to some cottages could take just as long.

Over the last two years CLCA has supported a CPR course on two separate occasions held at the Cordova Mines Community Center. This course is taught by Blake Hurst and as I have said before is very informative and fun. We will be holding this course again next year in early June for those interested.



CLCA has considered and discussed purchasing a defibrillator and at every discussion we find that it would be very difficult to manage. There are many questions that we cannot answer that would enable all Members to benefit such as location, availability, maintenance etc.

What we can do that could help save lives or at least help keep someone alive until emergency help arrives is produce and publish a “**Fan Out**” list.

If you have CPR training and would like to make yourself available should help be needed please contact me at:

Home [613-472-1819](tel:613-472-1819) or by Email at jmb@orderline.com

Thanks again,.....**Joanne**

To date our “Fan Out” list consists of the following Members. Please make sure to post this list near your phone along with the emergency numbers provided.

FIRE ROAD 54 Michael and Milena Deacon lot # 472 [613-472-6500](tel:613-472-6500)

FIRE ROAD 57B Renee Reynolds lot #17

FIRE ROAD 58 Kim Stephens-Woods lot #4 [613-472-0524](tel:613-472-0524)

Joanne Butkevics lot #9 [613-472-1819](tel:613-472-1819)

FIRE ROAD 59 Diana Xamin lot #519 [613-472-5694](tel:613-472-5694)

Ian Sturdee lot # 523 [613-472-2646](tel:613-472-2646)

Doris Axford lot #541 [613-472-0490](tel:613-472-0490)

FIRE ROAD 59A Kim Haier lot #25 [613-472-2675](tel:613-472-2675)

Fern Greenspoon lot #44

WATER ACCESS ONLY Juanita Magill #26

This list would have the names/phone numbers and lot numbers of people on your road Fire Road and all other Fire Roads on the lake who have been trained in CPR.

If you happen to be at home/cottage when someone has an emergency you could call the first person on the list and continue calling until you get at least one person answering your call.

At this point that person whom you contacted would take over and make the necessary calls while you attend and hopefully start CPR on the person who has taken ill.

That contacted person besides calling 911, would call other persons on the list and get as many people as possible involved to help out.

Someone needs to meet the ambulance so that they can find their way in, others can help in providing CPR.

Providing proper CPR can be a very tiring job and can be difficult when you have a small person trying to perform CPR on a much larger person. It would be very beneficial to have others on hand to help taking turns hopefully keeping the stricken person alive until help arrives.

POLICE / AMBULANCE / FIRE

911

911# _____

Fire Road _____

Neighbour _____

Campbellford Memorial Hospital 1-705-653-1140

Ptbo. Regional Health Centre 1-705-743-2121

Ontario Provincial Police 1-888-310-1122

Havelock Community Police 1-705-778-2787