

CORDOVA  
LAKE COTTAGE ASSOCIATION

## Spring/Summer 2019



### In this Issue:

Message from the President

\*

BMR Celebrates 60 years!

\*

10 Tips to Prepare for Spring  
Flooding

\*

HDSC Needs Your Help

\*

Access Concerns Cordova Lake  
Dam

\*

5 Rules of Etiquette for flying a  
Canadian Flag at the Cottage

\*

Remember Fire Safety this  
Weekend, Urges Local Fire  
Service

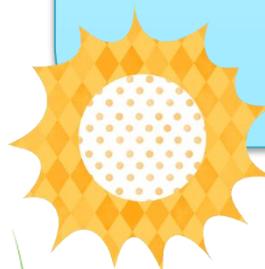
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Eek – A Tick! Online tools

\*

Wild Life Profile: Meet the  
Ladybug

\*



# Cordova Lake Cottage Association



## Presidents Message Summer 2019

Greetings from the President

Spring certainly got off to a very soggy beginning as many of us experienced higher flood waters than usual resulting in damage to property and landscaping. Fortunately, the waters have receded and people are beginning to connect with their errant docks, canoes and other belongings.

This is such a season of hope and anticipation. Whilst we are raking up the winter debris, we can easily envision times of relaxation with family and friends. Soon you and your family will be sitting on the dock soaking up the sun, the smells and the sights of our beloved lake.

Please mark your calendars for Sunday, July 14 to join us at our Annual General Meeting. We will gather in the Community Hall in Cordova Mines starting at 10:00a.m. You are encouraged to join us to learn about lake initiatives and to provide input and feedback to your executive. If there is an item you would like to have discussed at the meeting, please contact me to be placed on the agenda.

One of the concerns raised and discussed at last year's annual meeting centred on the topic of the impact of wake from boats. Wake erodes shorelines, damages boats tied to docks and wreaks havoc on wildlife. We would encourage all members to drive their boats in a courteous fashion to avoid such a negative impact.

Last summer, Sandy Rice took water samples to test the quality of our lake for E. coli. The results are posted for you to read on our website at [cordovalake.ca](http://cordovalake.ca). We intend to do more limited testing this year on the long weekends in July and August and will share the results of those tests as they become available.

We have submitted to the Ministry of Natural Resources and Fisheries a site plan and an application for a permit to improve signage, lighting and parking at the South End. We hope to receive approval in the near future at which time, we will be asking for your help to complete the project.

# Cordova Lake Cottage Association

Some of you may have noticed a sign on the gate at the dam. MNRF intends to lock the gate at the end of June which means that some of our members will no longer be able to access their properties on the other side of the dam via land. I have written to the Ministry offering a number of suggestions to resolve this issue but to no avail. They feel it is a matter of liability and cannot be persuaded otherwise. Some of our affected members have been pursuing other avenues.

I wish you all happy cottaging. Should you wish to contact any member of the executive, you will find their contact information listed below.

Melanie

|                |                 |  |               |
|----------------|-----------------|--|---------------|
| President      | Melanie MacLeod | <a href="mailto:melaniejmacleod@gmail.com">melaniejmacleod@gmail.com</a> | 613- 472-6166 |
| Treasurer      | Juanita Magill  | <a href="mailto:clcatreasurer@outlook.com">clcatreasurer@outlook.com</a> | 705-875-5646  |
| Secretary      | Clare Mathews   | <a href="mailto:Clareclca@xplornet.com">Clareclca@xplornet.com</a>       | 613- 472 2225 |
| Vice President | Sandy Rice      | <a href="mailto:sandy.rice@outlook.com">sandy.rice@outlook.com</a>       | 613-472-5037  |



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## HDSC NEEDS YOUR HELP

The Havelock and District Snowmobile Club is the oldest continuously operating snowmobile club in the Ontario Federation of Snowmobile Clubs (OFSC). Cordova Lake is an important part of the HDSC trail network with Trail #805 crossing the north end of the lake on its way from the Devils Four Mile to the Heritage Trail.

The Club needs your help. We are hoping to find a property owner that would be willing to give the club access to Cordova Lake via Fire Route 54 a safe distance away from the river.

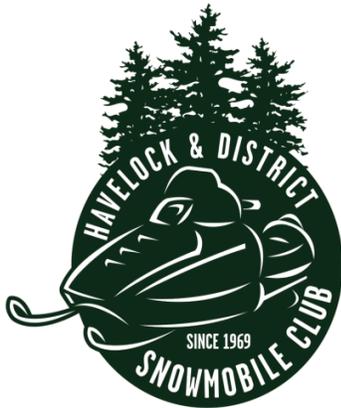
Each landowner is covered by the OFSC provincial \$15M Insurance Liability policy which is valid December to March through written agreement with the landowner. HDSC also prepares the trails each season to ensure safe travels and proper signage in accordance with OFSC Trail standards.

If you can help us, please contact the HDSC representative on Cordova Lake, Stephen Flicke at 905-261-7308 or email [sflicke98@gmail.com](mailto:sflicke98@gmail.com).

Your friends, HDSC

[www.hdsc.ca](http://www.hdsc.ca)

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# Flooding on Fire Route 58 Then and Now...



Above pictures flooding spring 2019

Pictures below flooding 1975



Thank you!

Wallace and Marilyn  
Boustead for sharing these  
pictures!

# Barbecue Safety

*Grilled to Perfection Every Time!*



**USE BBQS OUTDOORS ONLY!** They produce **carbon monoxide**, a poisonous gas that can lead to unconsciousness and even death. Never use or store propane cylinders inside any structure, including garages.

## Take these steps when starting a BBQ:

- Open the hood.
- Turn on the gas release valve on the tank.
- Turn on the grill controls or heat settings.
- Take a step back.
- Push the igniter button.
- If there is no igniter button, insert a long match or BBQ lighter through the side burner hole first, then turn on the heat control knob.
- If the burner does not ignite right away, turn the gas off and wait five minutes, keeping the hood open, before repeating the procedure.

## At the start of the BBQ season, do this **THREE-STEP SAFETY CHECK** of your BBQ:

- 1 CLEAN** Use a pipe cleaner or wire to ensure burner ports are free of rust, dirt, spider webs or other debris.
- 2 CHECK** Examine the hose leading from the tank to the burners. Replace it if cracked or damaged.
- 3 TEST** Find leaks by applying a 50/50 solution of water and dish soap to propane cylinder connections and hoses. If bubbles appear, tighten the connection and/or replace the damaged parts and retest.

## Stay Fire Safe!

Never leave the BBQ unattended when in use.

Make sure grease does not build up on the burners or at the base of the BBQ. This could cause a grease fire.

**Never throw water on a grease fire** – this will only spread the flame.

**DO NOT** place the BBQ close to wooden fences or walls, vinyl siding, or anything that can burn. The area behind your BBQ must be free of anything that can ignite – this is where hot gases escape.

Keep loose clothing away from a hot BBQ.

Keep children and pets at least one metre (three feet) away from a hot BBQ.

When finished barbecuing, turn the gas valve off first, then turn off the burner controls so no gas is left in the connecting hose.

Allow the BBQ to cool completely before closing the cover.

If you live in an apartment or condo building, check with the building owner or property manager, or the Condominium Act of your building, regarding the use of BBQs on your building's balconies.

\* SAFETY TIPS COURTESY OF THE TECHNICAL STANDARDS AND SAFETY AUTHORITY / [WWW.SAFETYINFO.CA](http://WWW.SAFETYINFO.CA)

Ray Haines Fire Chief

Township of Havelock-Belmont-Methuen

1 Ottawa St. East, PO Box 10, Havelock, Ontario K0L 1Z0

T: 705-778-3183 Email: [rhaines@hbmtwp.ca](mailto:rhaines@hbmtwp.ca)

Office of the Fire Marshal  
and Emergency Management  
[ontario.ca/firemarshal](http://ontario.ca/firemarshal)

## **IT'S BEEN 60 YEARS SINCE DRUMMOND'S FIRST OPENED ITS DOORS!!**

The physical appearance of the building has changed considerably over the 60 years that Drummond Building Supplies (now known as Drummond BMR) has been in operation. It has grown from a small 12' x 24' space to its current 10,000 square foot showroom and offices. It is a full service building supplies and hardware business, with a paint department, rentals, kitchen and bath boutique, electrical, plumbing, flooring, etc.....full service.

The business was started by Bob Drummond and his father James in 1959, initially to purchase materials for their own usage and warehouse for Bob's construction materials, but soon after was opened to the public as a retail outlet due to the demand by contractors and cottagers. Bob's son Jamie joined the business in 1985, followed by daughter Peggy in 1993 and then Debbie in 2003, and all of the grandchildren at one time or another working weekends and summer holidays. Bob's wife Florence has been quietly active in the business since the early years, and was the glue that held things together at home, making lunches & hot meals, and tending to all the day to day necessities of the family. At 86, she is still active and runs many weekly errands for the business.

Sadly, both Bob (2018) and his son Jamie (2016) have passed away. Their knowledge, expertise and commitment to the family business and Municipality are missed not only by the family and BMR staff but also by the local community and seasonal residents.

Today Bob's daughters Debbie and Peggy run the day to day operation of the business, along with their dedicated and knowledgeable BMR staff. They continually try to support many local events within their community to show support and to keep local people and surrounding communities thinking of them first..... **SHOP LOCAL.**

**They would like to invite all of their valued customers to join them on Saturday  
June 1<sup>st</sup> for their anniversary celebration, customer appreciation day and  
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# Ya Gotta Regatta!

Mark your calendars now for the annual CLCA Regatta which will be held on Saturday August 3<sup>rd</sup> (August long weekend). Clare and Nancy are always looking for volunteers and great ideas (a new great idea last year was the Sunday night Flotilla which will be back!). More details to follow in the coming weeks. If you have any ideas or would like to volunteer, please contact Clare or Nancy at [getclancy@xplornet.com](mailto:getclancy@xplornet.com). It's as fun organizing, as it is watching the egg toss competition!



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# 10 Tips to Prepare for Spring Flooding

By Tim MacWelch

Floods kill an average of 46 people each year, and one of the worst times for flooding is late winter/early spring. The saturated ground and melting snow can lead to dangerous conditions. Flooding can occur slowly and predictably due to known rainfall or snowmelt (normally taking more than 6 hours to occur).

But flooding can also happen in the blink of an eye as a violent and unforeseen flash flood due to heavy spring rainfall, dam or levee failure, or the sudden release of water from an ice-jammed river. Here are ten tips to keep you safe in this season of high water.

- 1.** Keep an ear to local radio and TV stations to stay informed. In low-lying or flood-prone areas, a NOAA weather radio with an alarm might be a life-saver.
- 2.** Expect it. Flooding is the most common type of natural disaster worldwide: Up to 40 percent of all natural disasters each year are flood related.
- 3.** Don't try to drive or walk through moving flood waters. Just two feet of fast moving water can sweep away most vehicles, even SUVs and trucks. And it only takes 6 inches of rushing water to knock down a person down and sweep him away.
- 4.** If you have only minutes to get out, don't waste time gathering up possessions. Most things can be replaced, but lives cannot. Do not wait for instructions to move to higher ground if authorities think flash flooding is possible.
- 5.** Drinking water contamination can be a big deal during and after a flood, so make sure you have safe water with you, either in your home or if you evacuate. The American Red Cross suggests three gallons of water per person for the average emergency.
- 6.** Don't try to ride it out! If you are told to evacuate, do it. As you go, beware of streams, ditches, drainage channels, canyons, and other low-lying areas. Flash floods can happen in these places far away from the source of the water.

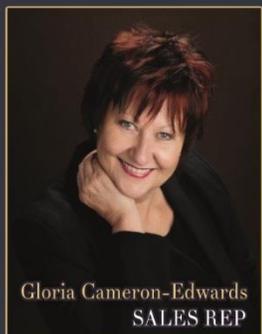


7. Make a flooding/disaster plan for your household. Build a disaster pack to keep at home, and don't wait for bad weather to start preparing your kit. Make sure you have everything you need well before you actually need it.

8. As you evacuate, take plenty of cash, no-cook foods, spare clothes, sanitation items, your cell phone charger, rain gear, and lots of bug-out type supplies in case you have to provide for yourself after your exodus.

9. If you have time, move important items in your home to an upper floor, or at least up off the floor.

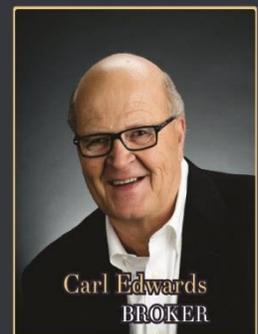
10. If you must evacuate and have enough time, bring any important and irreplaceable papers, documents, photos, files and data with you as you leave.



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# The Cordova Mines Firefighter Pancake Breakfast will be in June! Date TBD 7:00am to Noon!

The Pancake Breakfast will be located at the Cordova Mines Firehall...Bring the family and enjoy a delicious breakfast and support our local fire department!

## Reminder to Keep your Belongings Secure

There have been some recent reported thefts on Cordova Lake so please remember to keep your valuables secure and tucked away out of sight. If you're not going to be up for a while, let your neighbours know and ask them to keep an eye on your place. Share phone numbers and email addresses so you can let each other know if you notice anything suspicious or unusual. Let's all work together to keep this great community safe

### **Gordon Gettins**

Owner

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# TICK REPELLENT RECIPE

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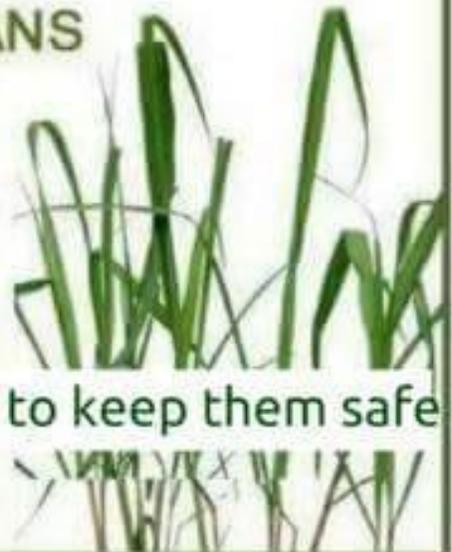
Add all ingredients in a spray bottle...

Shake Well!

Spray on shoes, socks, and pant cuffs



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Share this recipe with your friends to keep them safe

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## Access Concerns Cordova Lake Dam

On June 30, 2019 the MNRF plans to close the access to the Cordova Lake dam for everyone including cottage owners. There are many South End cottagers who have used the Cordova Dam for years to access our cottages. Our family (the Mittags) have walked over the dam for 63 years. We have left our boat turned over at the parking lot before. But we have had a boat stolen from there and a couple of motors. Our insurance company refuses to insure us for those items anymore. The MNRF says that it is a liability issue. They have tried to lock it before but when we informed them that we need access, they removed the lock. There are a few of us who have started an investigative process, including going to council and hiring lawyers. We need an explanation as to why our prescriptive easement does not come into play here.

Having said all this, we felt that the Cordova Lake family needs to know what is happening. Any suggestions would be appreciated.

Ann Mittag

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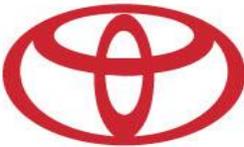
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# Remember Fire Safety this Weekend, Urges Local Fire Service

May is when many Ontarians get a jump on summer by opening their cottages and other seasonal homes. The Township of Havelock Belmont Methuen Fire Department is urging residents to add safety and prevention to their cottage plans.

“Cottages and other seasonal homes are vulnerable to unsafe conditions that can arise over the winter such as smoke and carbon monoxide alarms that no longer work, and chimneys that have become blocked,” said Ray Haines. “Those travelling to cottages, cabins and seasonal homes should take new smoke and carbon monoxide alarms and batteries in case they need replacing when you arrive. We want everyone to enjoy the summer, and that includes staying safe.”

Other cottage fire safety tips include:

- Install smoke alarms on every storey and outside all sleeping areas of homes, cottages, cabins and seasonal homes.
- Install carbon monoxide alarms outside all sleeping areas if your home, cottage or cabin has a fuel-burning appliance, fireplace or attached garage.
- Test smoke and carbon monoxide alarms at least monthly or each time you return to the cottage. Pack a new smoke and carbon monoxide alarm and extra batteries in case they need replacing.
- Develop and practice a home escape plan to ensure everyone knows what to do if the smoke or carbon monoxide alarm sounds.
- Know the telephone number for the local fire department and your cottage’s emergency sign number, in case of emergency.

- Clean barbecues before using them. Keep an eye on lit barbecues and ensure all combustibles, as well as children and pets, are kept well away from them. Fires can happen when barbecues are left unattended.
- Keep barbecue lighters and matches out of sight and reach of children.
- Remember to bring a flashlight with extra batteries.
- Inspect heating appliances and chimneys before using them.
- Check with your local fire department or municipality to determine whether open air burning is permitted before having a campfire or burning brush. If open burning is allowed, fires should be built on bare soil or on exposed rock. Remove leaves and twigs from around the fire to keep it from spreading. Always keep a bucket of water or sand and a shovel close by and supervise the fire at all times.
- If you must smoke, do so outside. Keep a large can with water nearby so cigarette butts can be safely discarded.
- If you drink, do so responsibly. Tobacco use and excessive alcohol consumption are contributing factors in many fires and can lead to serious injuries.
- Burn candles in sturdy candleholders that will not tip and are covered with a glass shade. When you go out, blow out!

For more information, please contact:

**Ray Haines Fire Chief**  
**Township of Havelock-Belmont-Methuen**  
**1 Ottawa St. East, PO Box 10, Havelock, Ontario K0L 1Z0**  
**T: 705-778-3183 Email: rhaines@hbmtp.ca**

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TOWNSHIP OF

**HAVELOCK-BELMONT-METHUEN**

## “Relax -- Campbellford Memorial Hospital is Ready to Care For You”

That is the message from cottagers Sally and Gord Wilkins of Ajax. They have enjoyed their cottage on the Trent River for many years, but on occasion, they've had reason to visit Campbellford Memorial Hospital (CMH) Emergency Room (ER) and were grateful the hospital was close by. Gord is allergic to bee stings and carries an EPI pen. He's been stung a couple of times resulting in an unexpected trip to the ER, while a broken ankle landed Sally there too.

“We love the hospital and we've always found the care wonderful and quick, and that is why we choose to donate to CMH. As caring cottagers, we know there are times emergent medical care is critical and we want to help ensure the medical staff at CMH have the tools they need to care for us and our neighbours.” Sally adds.

Dr. Eshay Elia, Chief of Emergency, notes “the ER sees significantly higher patient visits in the summer due to the influx of cottagers and tourists, meaning the hospital uses imaging and diagnostic technology more, beds and stretchers are in continual use. Knowing cottagers are caring donors, it's a real boost to staff morale, because their donations ensure our doctors and nurses, that you depend on, have the right technology close at hand when you need it.”

Please join our Caring Cottagers by making a yearly donation. Contact our office for details on how you can help! 705-632-2014 or make a secure online donations at [www.givetocmh.ca](http://www.givetocmh.ca)

## We're here for you.

Life on the lake is good. Sharing fun times with family and friends or relaxing on the deck on a summer's day. It's comforting to know Campbellford Memorial Hospital is just a short distance from the lake when something unexpected happens.



## Can we count on you?

“Do you know government funding does not cover the cost of new equipment at the hospital? Donor support ensures our staff have the life-saving and comfort-giving tools available when they need to help you. **Please donate to CMH!**”

A handwritten signature in black ink that reads "Calvin Newman".

Calvin Newman Chair, CMH Foundation





# 5 rules of etiquette for flying a Canadian flag at the cottage

By Jackie Davis

Published: May 13, 2019

Do you need to apologize to the Canadian flag? You might. We probably do. Every cottage flag-flyer has made a faux pas or two. So, for Victoria Day or Canada Day, brush up on your flag-etiquette. “It’s basically just common sense,” says Rick Archbold, the author of *A Flag for Canada*, a biography of the Maple Leaf.

## 1. Respect the flag

No talking while you raise it. “A moment of silence is never a bad thing in cottage country,” says Archbold. “You’re also supposed to take off your hat. But I’m not sure how much it happens.”

## 2. Keep it tidy

Don’t fly a faded, ripped or tattered flag. If it’s dirty, wash it. (You can put the Canadian flag in your washing machine. Unless it’s dry clean only. Common sense, people.)

## 3. Let it fly alone

One flagpole? One flag. “You never fly a Canadian flag on the same pole as another flag,” says Archbold. Even though a Maple Leaf paired with a Jolly Roger would look wicked cool.

#### 4. A flag's purpose

Don't use your flag as a tablecloth. Or a dog blanket. Or a dust rag. Don't Frankenstein it into dollhouse curtains or a bikini. "Should I repurpose this and sell it on Etsy?" No. You shouldn't.

#### 5. Disposing of your flag

No burning the flag. Wait, never mind—burning is actually an approved way to dispose of the Canadian flag. So is burying it. "But then some kid 100 years from now will dig it up and say, 'I wonder what this is,' "says Archbold. Maybe his strategy is more logical: "I guess I'd just...fold it up and place it in the garbage."

# Sam's Place General Store

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If you are bitten by a tick that is infected with Lyme disease, a single dose of antibiotics can prevent an infection from developing, if administered within 72 hours of tick removal. (Shutterstock)

You may have noted that with the first signs of spring come an abundance of media messages reminding you that [this is also the beginning of tick season](#).

Ticks are not new to our landscape, but rapid climatic and environmental changes are leading to a [northward expansion](#) and explosive [population growth](#) of certain species such as *Ixodes scapularis* — commonly known as the deer tick or black-legged tick that transmits [Lyme disease](#) — in eastern North America.

So it's not just an impression; there are more ticks around now and some of them can transmit nasty pathogens. Can you blame anyone for being a little anxious?

Even though I spent most of my childhood chasing bugs in southern Québec, I was in my 30s when I encountered my first local tick. I'm nostalgic for times when ticks were not part of a parent's worry list, but I am thrilled to live in an era where [technology has allowed my team to create eTick.ca](#) — an online image-based identification platform enabling us to rapidly inform anyone of the risks associated with a tick they find.

## Inspiration from butterflies

A number of services are offered across the country to help citizens obtain the information they need about ticks and tick-borne disease.

These services, which can include identification procedures by local government-mandated agencies, vary from province to province. When available, they usually involve the examination of specimens, a procedure that may take a long time, postal and bureaucratic delays obliging.

With the steady increase of specimens submitted each year through the regular channels, these procedures are no longer sufficient. New problems require new solutions.

In 2015, we created a pilot version of the [citizen-science project eTick.ca](#) in the province of Québec to address this bottleneck issue and demonstrate that tick species [could be identified](#)

[from images with great accuracy](#). The experience was a great success and in 2019 we revamped the user interface and expanded our geographical scope to include Ontario and New Brunswick. Additional provinces will hopefully be added over the next year.

Our workflow is simple and inspired mostly by [ebutterfly](#), another citizen-science initiative developed in Canada.

A visual illustration of the e-tick website workflow. Author provided

When you find a tick, you upload a picture of it on [eTick.ca](#) along with information about where and when it was found.

A provincial expert is then automatically notified and as soon as your image is identified two things happen simultaneously: you receive a personalized information message and a dot appears in real-time on our [public interactive distribution map](#). Submission takes less than three minutes and the identification procedure is usually carried out within 24 hours following submission.

While species-level identification is great data from a scientific point of view, it does not mean much to most people. We have since developed messages that inform citizens not only of the species they found, but also of the medical and veterinary relevance of that species and of the provincial guidelines regarding the protocol to follow after a tick bite.

Those messages and some of the new content found on the platform were developed in collaborations with partners from the universities of Ottawa, Guelph and New Brunswick as well as both federal and provincial (Québec, Ontario and New Brunswick) public health agencies. The project is financially supported by the Public Health Agency of Canada.

## Why does rapid identification matter?

There are more than [40 tick species in Canada](#) and only a handful of those are of medical importance. Knowing that the tick you found on your daughter this morning is of no medical relevance will certainly be a great relief.

On the other hand, if you were bitten by a tick that is known to transmit the bacterium [Borrelia burgdorferi](#), which causes Lyme disease, in an area deemed at risk, you may be eligible for a single dose of preventative antibiotics that would prevent an infection from developing in the event that the tick was infected.

This approach, called [post-exposition prophylaxis](#), is time sensitive: the antibiotics must be administered within 72 hours of tick removal to be effective.



# eTick workflow



Picture of a tick  
which follows the  
eTick guidelines



Picture and  
associated data is  
submitted



Specie is identified  
by a regional  
expert



Submission  
appears as a dot  
in real time on  
interactive map



A tick bites human skin. (Shutterstock)

## Distribution map updated in real time

By providing the location where the tick was found, the public is directly engaged in the process of tick surveillance and monitoring. Having the records appear on a map in real-time allows us, scientists, to examine the timing of tick activity and the presence and abundance of different species as they occur instead of waiting for end-of-year reports.

For hunters, campers, gardeners and other individuals who enjoy outdoor activities, the map provides information about the presence of ticks where they live or in an area they plan to visit, and a reminder that [prevention is always the best solution.](#)

With better surveillance and rapid intervention, the health risks posed by the growing tick populations in Canada may be better managed.

This is an important step in adapting to the growing number of threats posed by climate change. And, after all, the outdoors is meant to be enjoyed.





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# Wild Profile: Meet the ladybug



By Jackie Davis

Published: May 14, 2019

Can you tell a ladybug's age by the number of spots on its body? Sorry, that's a myth. Most of these bugs only live for two or three years, max, and the number of black spots that they wear varies by species. Canada has more than 450 native ladybug varieties, plus a few invasive ones, including the multi-coloured Asian lady beetle.

No matter the species or spots, all ladybugs have the same wing design, and it allows them to quickly transform from a walking insect into a flying insect. The secret? They have a set of transparent wings—four times the size of their bodies—folded, origami-like, under another set of hard, protective wings. To fly, a ladybug flips its spotted wings forward, and unfurls its long, functional wings. Alakazam! In flight, ladybugs flap these wings 85 times per second, but they don't actually travel very fast—on average, only about 24 km/h.

They might be slow movers, but ladybugs are still terrifying—at least to aphids, their prey of choice. One ladybug can devour as many as 500 aphids in a day, tearing them apart with sharp mandibles.



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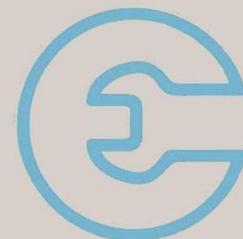
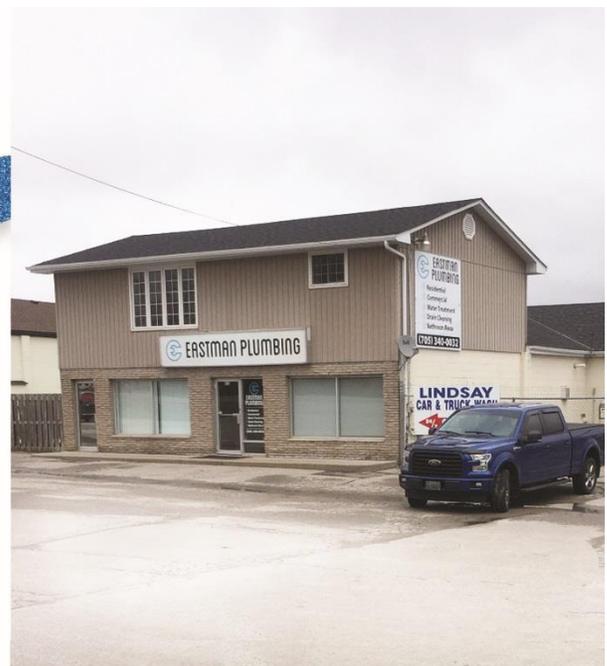
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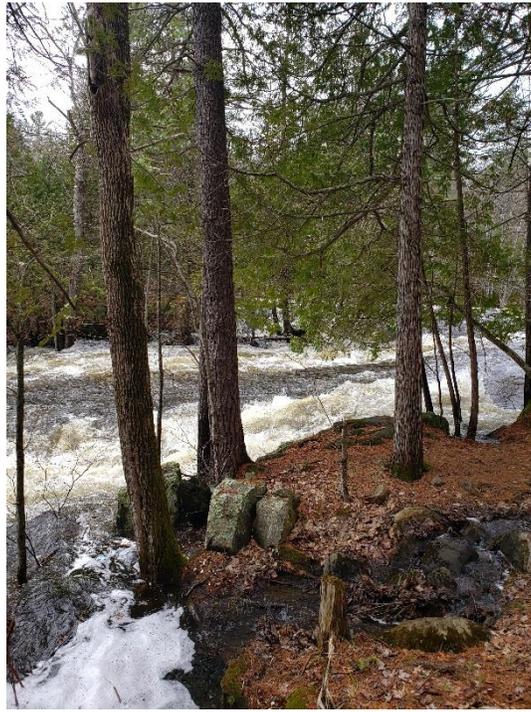


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# Beautiful Cordova Lake



Pictures courtesy of  
Marilyn and Wallace Boustead  
Darcy Huber and  
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