

January 2013



## A Message from our President....Joanne

Hello folks, it's early January and the snow is falling quite heavily. I know I say this every year but it really is quite a pretty sight, very quiet and very clean, makes you forget what winter is like in the city.

The only sounds we hear are the snow plow at most once a day and the very happy snowmobilers whizzing by. Last year old man winter was not very good to the sport, hopefully both the enthusiasts and the manufacturers can make up for it this year.

We had our traditional bonfire and fireworks on New Year's Eve. Unfortunately we had to put the Chinese lanterns away as it was a little too windy. Sadly we had quite a few friends not feeling too good, that flu bug and nasty cold has been making its way around, even up here in God's country!!

Next holiday is Family Day weekend. Just a reminder that the Annual Cordova Lake bocce tournament is on for Sunday February 17<sup>th</sup> starting at 1PM right outside our place up here on the north end of the lake. All you have to bring is yourself and whatever you need to keep you warm. Hopefully our champion from last year, 10 year old Sebastian Oliveira will be here to defend his title.

Our annual regatta was a big success enjoyed by many in the extreme heat. Once again a big thank you to all of the volunteers. As many of you are aware the beach property sold last year. We will be speaking with the new owner to see if we can continue to use the property. We will keep you posted on that matter.

We are also going to try and bring Mr. Blake Hearst back this spring for his very good session on CPR training. Besides Blake being very informative he was also quite entertaining. It is one of those things that you don't think about until you need it. CPR does save lives. We will be sending out an email when we have a date, you should really try and attend for not only your benefit but your friends and neighbors.

I'd also like to thank Dan and Chris Lamers for volunteering to take over the responsibility of Lake Steward from Dave Tilley who handled that job for a number of years. All of our volunteers are very much appreciated for all the work they do. On that note we are also looking for a CGA to review our books at years end (July 31). This too is a volunteer position and not that daunting of a task. Our books are pretty basic but do need to be reviewed and signed by a certified accountant. If anyone on the lake would like to help us out with this please give me a call.

Well I think I'd better quit for now, Melanie might be running out of room on this page. Wish all of you a happy, healthy and prosperous 2013.

### Special points of interest:

- \* MNR Permit Changes
- \* Beef Barley Soup Recipe
- \* Make A Dream Come True
- \* Winter Driving
- \* Regattas 2012 and 2013
- \* New!!! Navigable Waters Protection Act
- \* Snowmobile Code of Ethics
- \* Can Winter Visits Damage Cottages?

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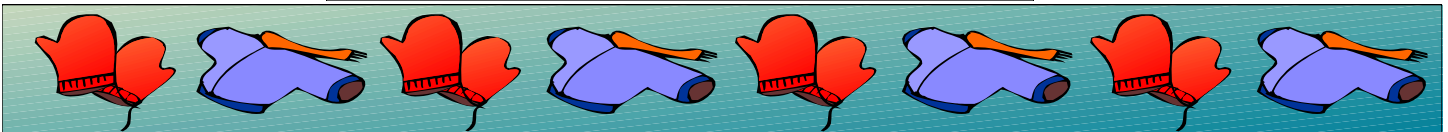
## Upcoming Events/Important Dates in 2013

**Family Day Ice Bocce Tournament:** Sunday, February 17 at 1p.m.

**Earth Hour:** Saturday, March 31st from 8:30-9:30p.m.

**Annual General Meeting:** 10:00a.m. on Sunday, July 7 at Cordova Mines Community Hall.

**Regatta 2013:** Saturday, August 3.



## Remembering John Simons

John was a long time resident of Cordova Lake who will be sadly missed by many friends and neighbours. He passed away at his home on Tuesday, November 20, 2012 in his 84th year. John was the beloved husband of Elisabeth, known to most of us as Ellie. He was the loving father of Judy Simons (Grant Baiden) and David (Carolyn Dafoe) and the cherished grandfather of Tina Baiden, Katie, Nicole and Richie Dafoe.

There will be a service held to celebrate John's life at a later date as many friends are away for the winter.

In lieu of flowers, the family has asked that donations may be made to the PRHC Palliative Care unit or the Canadian Cancer Society.



## Do you play BRIDGE?

Once again Bill and Marilyn Schultzt are looking for some bridge games this coming summer without having to go to Peterborough. Unfortunately last years notice mustered no bridge players. Perhaps some folks have taken up this wonderful game over the past year and would like to enjoy some games with them.

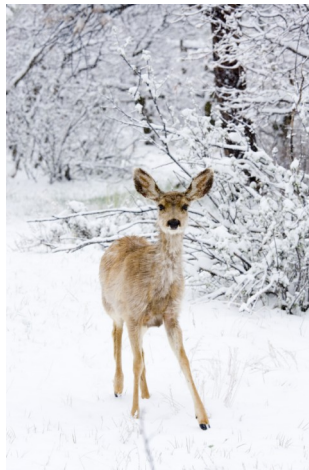
Anyone interested in playing bridge in the summer can contact Bill & Marilyn Schultzt at [mandbschultz@telus.net](mailto:mandbschultz@telus.net)



## Deer Feeding Not Necessary This Winter

The Ministry of Natural Resources recently issued a reminder to all residents and cottagers not to feed deer in winter. Feeding deer can actually cause higher winter mortality rates through use of improper feeding practices. Placing feeding stations draws more deer into a specific area which can result in over browsing and poorer health among individuals. Evolution has developed a process of reduced metabolism during winter months in deer, during which time they burn fat stored in their bodies.

Artificial feed will boost their metabolic rate and cause them to need more food to eat than they would need in a natural setting. In addition, feeders could cause deer to repeatedly cross roads and increase the risk of collision. Deer that come to feed on your property in the winter will return in the summer and may not be as welcome when they browse on your garden flowers or those of your neighbours.



## 6 Ways to Prepare Your Skin for Cold Weather

1. Exfoliate to prevent dry skin and maintain luminosity.
2. Moisturize to combat dryness and protect skin from chapping.
3. Avoid Long Showers as the heat can dry out your skin.
4. Use sunscreen-Make sure you use at least SPF 30 daily.
5. Opt for creamier makeup as skin is prone to dryness in winter.
6. Drink more water and watch your diet. Load up on lots of vegetables and healthy fats. Green tea, calcium, vitamin D and omega-3's are also a boost for your skin.

## MNR Permit Changes

The Ontario Ministry of Natural Resources (MNR) developed a policy in Fall, 2012 to describe how they would manage their fiscal limitations, while still meeting their mandate. They have now posted proposed regulatory amendments on the Environmental Bill of Rights for public consultation. (Posting #011-7669)

**If approved, the following activities may no longer require a permit from MNR:**

- \* dredging
- \* restoring, repairing or replacing an existing erosion control structure
- \* relocation of rocks and/or boulders for boating and swimming access
- \* maintenance to trails, water crossings or roads
- \* mechanical removal of aquatic vegetation



FOCA and our members are committed to the sustainable use and responsible oversight of our waterfronts and our aquatic resources. **FOCA is concerned this "permit by rule" approach may reduce the protections afforded these important resources.**

FOCA encourages you to make comments to the MNR before the January 23, 2013 deadline.

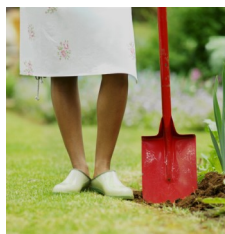
## The Life of Irene Alexander

We are sorry to report the sudden passing of Irene on November 2, 2012.

She is survived by her husband Tom, her children Tommy, Brian (Tanya), Karen (Rusty), David (Rita) and Kodi, her grandchildren Emily, Jacob and Stefanie, and her sister Jennie. Irene's family has suggested that memorial donations can be made to the Heart and Stroke Foundation.

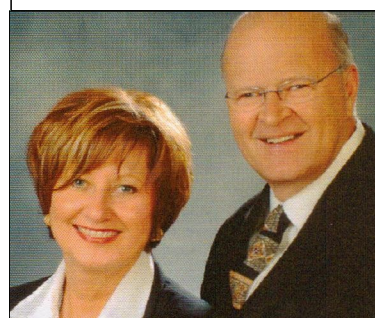
Barb and Fred Varty wrote the following tribute to Irene.

"Irene was a great friend and thoughtful neighbor always working on her flower gardening and sharing many of her plants and flowers with us. We will miss her but will remember her when we see the new flowers that will grow each spring that she so thoughtfully gave to us."



January 2013

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## No Gift Like the Present

On behalf of someone special, donate to a good cause. **Cottage Dreams** helps families touched by cancer to recover, reconnect and rejuvenate at a private donated cottage. For more information on becoming a cottage donor, a cottage applicant or to donate financially, visit [www.cottagedreams.org](http://www.cottagedreams.org)



Henry David Thoreau said: "A lake is the landscape's most beautiful and expressive feature. It is Earth's eye, looking into which the beholder measures the depth of his own nature."



## Mining and Exploration

**FOCA encourages all interested property owners to get involved to express your opinions, on the proposed regulations regarding Exploration Plans and Permits.**

Much of Ontario's Mining Act is over 100 years old. It was written to facilitate access to Ontario's considerable mineral resources. Today's busy rural landscape needs a modern approach to recognize the interests of all land uses.

Through our membership on the Ministers Mining Act Advisory Committee, and the Plans and Permits subcommittee, FOCA has been encouraged that the new Act provides a more transparent process and ensures attention to aboriginal issues, the interests of Surface Rights Owners (SROs), and the environment generally. Although many reforms to the new Act focus most specifically on Aboriginal issues, FOCA recognized the new Plans and Permits process governing early exploration work is a key opportunity to represent their members, and allows for their input.

FOCA goals and expectations from a renewed Act and regulations have been fairly simple.

1. They wanted to see some relief for surface rights owners (SROs) who did not own their mining rights and this was addressed in phase one of this process. If your land in Southern Ontario was not already staked, the mineral rights to staking have been withdrawn.
2. FOCA wanted to see the interests of cottagers and other landowners, who live adjacent to crown land that is used regularly for recreation and that might be staked and subject to exploration activities, recognized in addition to and separate from the interests of SROs.
3. FOCA wanted to see a process that was transparent, that included full public information and opportunities for input at early stages in the process when the Ministry could intervene to mitigate potential impacts on landowners and nearby cottagers, or the environment when the community raised legitimate concerns.

These tenets and the details to enable this disclosure must be included in the revised Plans and Permits regulations.

There is an overview of Mining Act changes which can be found on the Ministry of Northern Development and Mines website at <http://www.mndm.gov.on.ca/en/mines-and-minerals/mining-act>.



This is a reminder to **DRIVE CAREFULLY** along the cottage roads and to **SLOW DOWN** when approaching blind turns and hills.

People often fail to realize that the weather conditions at the lake may be vastly different from those in the city. Often-times people without snow tires get stuck in the snow or find they have no control on the ice.

We recommend that you check out the area conditions on the Weather Network and keep the following items in a bag in your car in case problems arise:

Compact shovel, rope, chain, waterproof matches, candle, tin can, non-perishable food items such as high energy snack bars and juice boxes, ice scraper and brush, bag of salt, sand or kitty litter, flashlight and batteries, blanket, toque, gloves and boots.



## Beef Barley Soup

Submitted by Elise Harrison. Enjoy!

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- 1 ½ lbs ground beef
- 1 medium onion, chopped
- 3 celery ribs, sliced
- 3 cans (10 ½ ounces each) condensed beef consommé, undiluted
- 1 can (28 ounces) diced tomatoes, undrained
- 4 medium carrots, sliced
- 2 cups water
- 1 can (10 ¾ ounces) condensed tomato soup, undiluted
- ½ cup medium pearl barley
- 1 bay leaf

In a Dutch oven, cook the beef, onion and celery over medium heat until the meat is no longer pink; drain.

Add the remaining ingredients; bring to a boil. Reduce heat; simmer, uncovered for 2 hours or until barley is tender. Discard bay leaf.

(12 servings)



### Notices from Township

From time to time the township of Havelock Belmont Methuen sends out information regarding its' official plan and updates to bylaws. Should you wish to read this information, please go online to [www.hbmtwp.ca](http://www.hbmtwp.ca)

[cordovalake.ca](http://cordovalake.ca)

Please visit our lake website. You'll be sure to enjoy our photo gallery and any other features. You'll find Joanne's great regatta pictures listed under "Events".

### One Man's Trash....

Do you want to buy, sell or give away one of your cottage treasures? If so, send an email to Melanie who will arrange to have your ad placed on our website FREE of charge.

### Contact Information for the Executive

President:	Joanne Butkevics	613-472-1819	<a href="mailto:jmb@orderline.com">jmb@orderline.com</a>
Vice President:	Carolyn Callam	613-472-3962	<a href="mailto:caro-lyn_callam@hotmail.com">caro-lyn_callam@hotmail.com</a>
Treasurer:	Kim Woods	613-472- 0524	<a href="mailto:Kim.Stephens-Woods@Niagarahealth.on.ca">Kim.Stephens-Woods@Niagarahealth.on.ca</a>
Secretary/Newsletter:	Melanie MacLeod	613-472-6166	<a href="mailto:melaniejmacleod@gmail.com">melaniejmacleod@gmail.com</a>



"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home."

Edith Sitwell

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[wallace.b@wallacejbrown.ca](mailto:wallace.b@wallacejbrown.ca)

Chances are that you're not thinking about putting your docks and swimming platforms into the lake just yet! However, the following information is being sent to you as you will likely have done just that before receiving the summer newsletter.



Transport  
Canada

Transports  
Canada



## Swim Rafts

The Navigable Water Protection Program (NWPP) is responsible for the protection of the public right of navigation and the protection of the environment through the administration of the *Navigable Waters Protection Act* (NWPA).

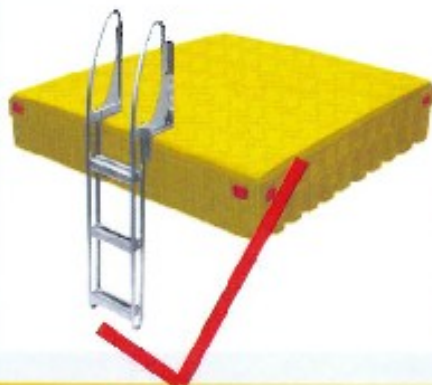
Structures used for recreation (i.e. Swim rafts and platforms, Slalom Courses, Wakeboard and Ski Ramps or Jumps) are subject to review by Transport Canada.

Compliance with the following requirements will help ensure that any interference to navigation your project may pose is lessened and other waterway users rights are respected.

These types of structures are reviewed individually. Meaning that a recreational structure in one location will not necessarily have the same requirements of a similar structure in a different location

Below are sample conditions for a swim raft application

- Must be placed directly in front of your property
- Must be no further than 30m (100') from shore
- Must be in water depth of 1.8m (6') or less
- Must be removed from the water at the end of the boating season
- Must have reflectors on all 4 sides
- The sides of the raft must be painted yellow or white
- The deck of the raft must be no less than 45cm (18") from the surface of the water



For additional information, please contact:

Transport Canada, NWP - 100 South Front Street, Sarnia, ON N7T 2M4

[NWPontario-PENontario@tc.gc.ca](mailto:NWPontario-PENontario@tc.gc.ca), or 519-383-1863

Canada



## Regatta a Huge Success!

The Cordova Lake Annual Regatta was held on Saturday, July 30th.

With the amazing weather, lake residents came out in droves to participate in games and races, and to enjoy the refreshments. The horseshoe tournament was as competitive as ever! An enormous thank you goes out to everyone who donated their gifts of time, baked goods and items for the silent auction and draws. Our regatta simply could not operate without the support of our fantastic volunteers.

If you are interested in helping out next year please get in touch with Melanie at [melaniejmacleod@gmail.com](mailto:melaniejmacleod@gmail.com)

Regatta 2013 REVENUE	In \$
Horseshoes	120.00
Silent Auction	909.00
Bake Table	150.20
Children's Games	416.00
Raffle	646.00
Food	1109.15
50-50 Game	615.00
Total:	3965.35
EXPENSES	
Children's Games	515.85
Food	889.45
2 Portable Toilets	203.40
BBQ for raffle	282.50
Misc.	14.09
Total Expenses	1905.29
Profit:	<b>2060.06</b>

The CLCA also conducted a 50-50 draw with the tickets being sold over a period of weeks. The grand prize of \$985.00 was awarded to Russ Broadbent at the regatta. Many thanks to everyone who purchased a ticket.



Regatta 2013

It is our intention to set up a number of independent committees, the chairs of which will assume autonomy for a particular area of responsibility, ie. games, food, set up, knock down, games and events etc. If you are interested in being in charge of a committee or of assisting in any regard, I would love to hear from you. We are always interested in exploring new ideas as that will help to keep this special day vital and alive.

We know that this event in the summer schedule is always popular with cottagers and their guests. Whilst we appreciate having everyone come out to enjoy the day and support the Lake Association, we would particularly welcome more involvement at an organizational level. Please consider how YOU might be able to do this and don't hesitate to get in touch with me.

Melanie MacLeod, Regatta Chair.



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## Electric Heater Safety Tips

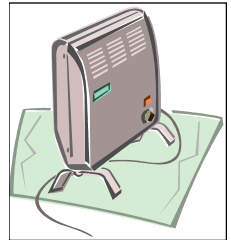
There are many fires each year in which portable heaters are involved. Please consider the following tips in order to keep you and your family safe.

- \*Choose a heater that shuts off automatically in the event you—or your dog—topples it over in the night.
- \*Keep the heater on a flat, level surface and at least one metre away from anything that can burn, including curtains, furniture, and bedding.
- \*Don't use space heaters on the same circuit as other high-wattage appliances, such as microwaves or toasters.
- \*Check the unit regularly for excessive heat or frayed cords.

Don't use indoor space heaters outside or in wet areas, such as the bathroom.

\*Keep pets and young children away from the unit, and be sure to turn off and unplug the heater when you're not at the cottage.

\*Heaters sold at most retailers in Canada are CSA-approved but be sure to look for the CSA symbol (or a similar certification) on the box.



## Advice From a Lake

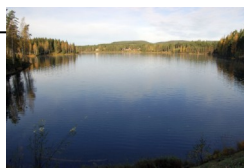
Be clear—Make positive ripples—

Look beneath the surface—

Stay calm—Shore up friendships—

Take time to reflect-

Be full of life!



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## Navigable Waters Protection Act

November 2012: **Changes afoot to the protection of Canada's waters**

In 1882 Canada's first environmental law hit the books - **The Navigable Waters Protection Act** (NWPA). Like the watered down Fisheries Act reforms that have preceded it this year, proposed changes to the NWPA (renamed as the Navigation Protection Act, or NPA) will change the law to no longer protect navigable waters but rather to protect navigation.



This change, hidden in massive Bill C-45, will put protections in place for just 97 of the roughly 32,000 lakes previously protected under the NWPA. Construction of bridges, dams, and other projects would be permitted on most waterways without prior approval under the new Act. Pipelines are exempted from this law, and under the Act, pipeline impacts on Canada's waterways will no longer be considered in environmental assessments.

**CURIOUS FACT:** 90% of the lakes that will be still designated as protected are in Conservative ridings; 20% are in NDP ridings and 6% are in Liberal ridings.

Instead of essentially killing the NWPA, FOCA believes the government should be encouraging the sustainable use of our aquatic resources, and planning for the protection and restoration of essential nearshore habitat.

## Electricity Rates

FOCA is pleased to report reductions for seasonal customers' electricity rates, achieved through their efforts at the Ontario Energy Board.

Reductions in distribution rate charges totaling \$2.04 million have recently been announced for the 159,000-member seasonal class in 2013. However, FOCA remains concerned that the overall costs of electricity for all customers are set to rise dramatically over the coming years.



## Handmade Soap

Marilyn Schultz has been making soap for almost two years. She has lovely conditioning soap at \$3.50 for a 4.5oz. bar.

If you wishing to purchase this hand - made soap please contact Marilyn via email at [mandbschultz@telus.net](mailto:mandbschultz@telus.net)



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# CODE OF ETHICS



I understand and accept the risks associated with snowmobiling and I will take responsibility for my own actions...

### As a responsible snowmobiler...

- I will ride in a manner that is a credit to our recreation;
- I will influence other snowmobilers to adhere to this Code of Ethics;
- I will respect the rights of others including property owners and other outdoor enthusiasts;
- I will protect our natural environment;
- I will ride in a responsible manner and will use only marked trails, areas or roads open to snowmobiles;
- I will not harass or harm wildlife or the natural surroundings;
- I will minimize my impact on the environment;
- I will ride smart, be prepared and stay in control;
- I will check ice and weather conditions before riding;
- I will help those in distress;
- I will obey all laws and rules governing our recreation;
- I will promote proper snowmobile education and training;
- I will practice Zero Tolerance with respect to impaired driving.

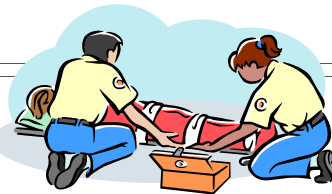
www.ccsso-ccom.ca

## "ICE" Your Phone

If we were to be involved in an accident or were taken ill, the people attending us would have our mobile phone but wouldn't know who to call. Yes, there are hundreds of numbers stored but which one is the contact person in case of an emergency? Hence this 'ICE' (**In Case of Emergency**) Campaign.

The idea was thought up by a paramedic who found that when he went to the scenes of accidents, there were always mobile phones with patients, but nobody knew which number to call. He, therefore, thought that it would be a good idea if there were a nationally recognized name for this purpose. In an emergency situation, Emergency Service personnel and Hospital Staff would be able to quickly contact the right person by simply dialling the number you have stored as 'ICE.'

For more than one contact name simply enter ICE1, ICE2 and ICE3 etc. A great idea that will make a difference!



Check Snowmobile Trail Conditions at:  
Havelock: <http://www.hdsc.ca/>

## Save Yourself! Make a Set of Ice Rescue Claws

1. Get two 4" pieces of wooden doweling the size of a broom handle or a little larger. Whatever material you select, it should float in case you drop the claws while struggling.
2. Drive a stout nail into one end of each dowel. This should be a hardened 16 penny or larger concrete nail.
3. Use a file to sharpen the nail heads to a point.
4. Drill a hole into the dowels (in the end opposite the nail) and tie a length of strong cord through the hole so a pick is on each end "jump-rope" fashion. You may also drill a hole in the ends alongside the nails so the nail on the other pick can nest in the hole, keeping both points covered. Keep the picks in your pocket for quick emergency access if you or a companion do break through.



If you do break through, try to remain calm.

1. Turn in the water towards the direction you came from - that is probably the strongest ice.
2. Dig the points of the picks into the ice and while vigorously kicking your feet, pull yourself onto the surface by sliding forward on the ice.
3. Roll away from the area of weak ice. Rolling on the ice will distribute your weight to help avoid breaking through again.
4. Get to shelter, heat, warm dry clothing and warm, non-alcoholic, and non-caffeinated drinks.

Call 911 and seek medical attention if you feel disoriented, have uncontrollable shivering, or have any other ill effects that may be symptoms of hypothermia, (the life-threatening drop in the body's core temperature.)

## Can Winter Visits Damage Cottages?

Typically, the first thing we do on a winter visit is crank up the heat or get a good blaze going in the wood-stove to warm the place up. Then we set about enjoying ourselves – heading outside to play in the snow (and tramping some of it indoors). Cooking, showering, breathing in and out. In other words, loading up the air with moisture.

Then we turn off the heat and leave, and that's when trouble can start. Cold air can't hold as much moisture as warm air, so the moisture condenses, especially where it meets cold surfaces. It forms on places like single-pane windows, doors, and even the inside faces of exterior walls. That's where damage is likely to show up first: water-stained window and door mouldings and mildewy drywall. If this scenario is repeated often enough, it could eventually cause structural damage, rotting out floor sills and the bases of wall studs. Damage to existing insulation is unlikely. In fact, if it's practical, adding more insulation and a continuous vapour barrier should lessen the problem by moderating the abrupt temperature difference between inside and outside, and preventing moisture from entering the wall cavity.

But if you're only visiting the cottage a couple of weekends per winter, there's another way to clear out moisture. Once the heat's off, and while you're packing up to leave, open up all the doors and windows. In 20 minutes or so, the air inside should be as dry and cold as the air outside.

In any cottage that's un-insulated or lightly insulated, cottagers should expect to periodically carry out minor repairs to interior finishes and drywall. Even the sun's heat will create cycles of warming and cooling that will produce some condensation indoors. The only way to avoid damage completely is to insulate and seal so that you can keep the heat on at a low level year-round.

*As printed in Cottage Life.*



A few weeks ago, Rick and Angie Racey snapped this photo of a 'visitor' at their home at the north end of the lake. What a beauty!



### HBM Council Opposes In-Water Boat Houses

It was reported in the Community Press on November 8, 2012 that council is responding to the concerns expressed by many township residents by clarifying the wording in the official plan to strongly discourage the province from approving in-water boat houses. To read the article please go to [www.communitypress.ca](http://www.communitypress.ca).

### ATTENTION SEPTIC USERS MORE LIFE FROM YOUR SEPTIC

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\$10**

#### **TIP: Only with Skip-A-Flush!**

**Save 4000 litres of water by using Skip-A-Flush's unique formulation, saving you costly wear and tear on your pump, filters and pump outs!**

**\*\*\*See label on bottle for details.**

#### **Maintenance**

Your Septic system is basically an onsite sewage treatment and disposal plant and bacteria must be present to digest the organic solids. If there is no bacteria, there is no digestion—it's that simple.

Septic maintenance involves adding the bacteria necessary for solids digestion. That is why putting three shakes of Skip-A-Flush into your toilet every week will keep your system working cleaner.

Skip-A-Flush is easy to use, it works, and it's inexpensive. It also keeps you aware of your septic system...just because it's out of sight does not mean it should be out of mind.

**ADD SKIP-A-FLUSH AND KEEP YOUR SEPTIC SYSTEM RUNNING CLEANER AND MORE EFFICIENTLY**

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